

DEPARTMENT OF PSYCHOLOGY Faculty of Arts

PSYCH 201 Principles of Psychology II Winter 2019

Instructor: Adam T. Murry, PhD Lecture Location: ST 148

Phone: 403-220-6002 **Lecture Days/Time:** TR 9:30 – 10:45

Email: Adam.murry@ucalgary.ca

Office: AD 131D

Office Hours: TR 11:00-12:00 or By appt.

Course Description and Goals

As part II of the Principles in Psychology segment, this course continues the survey of psychology's major topics and sub-disciplines. We discuss more of the major topics and sub-disciplines of psychology, scientific methods used to investigate respective phenomena of interest, and contemporary theories used in each field. In particular, we cover development, intelligence, motivation and emotion, personality, social, stress and health, psychological disorders, and treatments of psychological disorders. Through exposure and engagement with each field throughout the semester, you will gain an appreciation for the expansiveness of psychology, an understanding of the discipline's innovative development, and an introductory level of scientific psychological knowledge.

Course Learning Outcomes

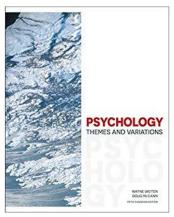
The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Method	ls PLO(s)	Level(s)
Identify and compare different sub-fields of psychology	Multiple Choice	1, 2, 7	I
	exam		
Apply terminology in psychology to specific,	Multiple Choice	1, 2, 5, 7	I
concrete examples	exam		
Recognize basic knowledge of key theories,	Multiple Choice	1	I
experiments, and figures in psychology	exam		
Interpret and apply theories and ideas in psychology to	Multiple Choice	E 7	I
one's own life	exam	5, 7	
Classify psychological issues and translate their implications	Multiple Choice	2, 5,	Ī
	exam	6	

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Required Text

Weiten, W. & McCann, D. (2019). *Psychology: Themes and variations*. Nelson Thomson Learning: Boston, MA.



The text can be purchased through the university's bookstore or other venues (but make sure if you buy it online that it will arrive in time for class). Electronic versions are acceptable if that is a platform that is desirable to you, but the book store will buy the book back from you at %50 of their listed price.

In addition to our main text, we will be using chapter 13 from the below open source textbook on psychology. It is free and available to download at: https://openstax.org/details/books/psychology.

Spielman, R.M., Dumper, K., Jenkins, W., Lacombe, A., Lovett, M., & Perlmutter, M. (2017). *Psychology*. Openstax, Rice University: Houston, TX.



Course Credits for Research Participation for 201

Experiential-Learning/Article-Evaluation Course Component (4% of final grade)

This experiential-learning/article-evaluation component provides enriched learning opportunities in this introductory course. You can complete this component by participating in research studies (Option 1: Research Participation), by completing 1-page article evaluations from a designated list (Option 2: Article Evaluations), or by a combination of the two options. Thus, you will learn more about psychology by taking part in research studies and/or by reading and evaluating articles from a psychological perspective.

Option 1: Research Participation. Students can complete this course component by creating an account and participating in Departmentally approved research studies at http://ucalgary.sona-systems.com. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. Each study will be followed by an educational debriefing experience. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. The last day to participate in research and allocate credits is April 12, 2019. Option 2: Article Evaluations. Students can complete this course component by reading and evaluating articles. Students earn 1% (1 credit) for each acceptable evaluation. Students can submit only one evaluation per due date (January 18, February 8, March 1, March 22, 2019), late submissions will not be accepted. Please consult the Blackboard for this course for more information about this option. Option 3: Combinations of Options 1 and 2. Students can complete this course component through any combination of Options 1 and 2 (e.g., 3% through Option 1 and 1% through Option 2, or vice versa). Given that each article evaluation counts for 1%, students who complete, for example, 2.5% through Option 1 would need to complete two evaluations to successfully complete all 4% of this course component. As mentioned under Option 2, students can only submit one article evaluation per due date, late submissions will not be accepted. Thus, students who opt to combine Options 1 and 2 must plan ahead carefully.

In-class participation

To assess student experience, opinion, engagement, participation, and attendance, we will be using Tophat in this course during the lectures. <u>To receive participation credit for using Top Hat, you will have to register for a Top Hat account online.</u> Participation is worth 4% of your grade. Top Hat participation marks will be broken down as follows:

- At least 80% of Top Hat questions answered = 4%
- At least 60% of Top Hat questions answered = 3%
- At least 40% of Top Hat questions answered = 2%
- At least 20% of Top Hat questions answered = 1%
- Less than 20% of Top Hat questions answered = 0%

Exams

There are 4 exams in this course, each is comprised of 50 questions worth 50 points. The first 3 will be held on January 29th, February 28nd, and March 21nd, the fourth will serve as our final exam, the date of which is determined by the registrar (TBD). Each exam is worth 23% of your grade. Exams, including the final, are not cumulative; questions are comprised of the material between each exam.

Exams will cover content from the text and from the lectures. Not all content from the lectures will be in the text and not all content from the text will be in the lectures. Consequently, combining information from the readings and the lectures is necessary and attendance is important, although I will be posting lecture slides in pdf format on D2L. Books, notes, laptops, ipads, and mobile phones or devices are not to be open during testing.

Table 1. Breakdown of assignment weights

Date	Assignment category	Percentage of total grade
T 29-Jan	Exam #1	23%
R 28-Feb	Exam #2	23%
R 21-Mar	Exam #3	23%
TBD	Exam #4: Final Exam	23%
On-going	Participation in class (via tophat)	4%
_	Research participation	4%
	TOTAL	100%

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

<u>A+ grade</u>: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade. <u>A, A- Range</u>: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

<u>B Range</u>: Good Performance. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

<u>C Range</u>: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

<u>D range</u>: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

<u>F grade</u>: Course standards not met. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%

A- 85-89% B- 72-75% C- 59-62% F 0-49%

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Table 2. Tentative Classroom Schedule – Winter 2018

Day	Date	Term classroom schedule	Reading due	Exam	Per Cent
T					
R	10-Jan	Unit 0: Introduction to the course			
Т	15-Jan	Unit 1: Intelligence	Ch 8		
R	17-Jan	Unit 1: Intelligence	Ch 8		
Т	22-Jan	Unit 2: Motivation and emotion	Ch 9		
R	24-Jan	Unit 2: Motivation and emotion	Ch 9		
T	29-Jan	Mid-term Exam #1		#1	23%
R	31-Jan	Unit 3: Personality	Ch 11		
Т	5- Feb	Unit 3: Personality	Ch 11		
R	7- Feb	Unit 4: Psychological disorders	Ch 14		
T	12- Feb	Unit 4: Psychological disorders	Ch 14		
R	14- Feb	Unit 5: Treatment of psychological disorders	Ch 15		
T	19- Feb	Mid-Term Break			
R	21- Feb	Mid-Term Break			
Т	26-Feb	Unit 5: Treatment of psychological disorders	Ch 15		
R	28-Feb	Mid-term Exam #2		#2	23%
Т	5-Mar	Unit 6: Stress & Health	Ch 13		
R	7-Mar	Unit 6: Stress & Health	Ch 13		
T	12-Mar	Unit 7: I-O psychology	Ch 13*	*Spielman et al	
R	14-Mar	Unit 7: I-O psychology	Ch 13*		
Т	19-Mar	Unit 7: I-O psychology	Ch 13*		
R	21-Mar	Mid-term Exam #3		#3	23%
T	26-Mar	Unit 8: Social psychology	Ch 12		
R	28-Mar	Unit 8: Social psychology	Ch 12		
Т	2-Apr	Unit 9: Human development	Ch 10		
R	4-Apr	Unit 9: Human development	Ch 10		
T	9-Apr	Unit 9: Human development	Ch 10		
R	11-Apr	Review			
T	16-Apr	Finals week		#4	
R	18-Apr	Finals week			23%
		Sub-total w/o research participation (4%) or			0551
		in class participation (4%) TOTAL w/ research participation & class			92%
		participation			100%

Reappraisal of Graded Term Work http://www.ucalgary.ca/pubs/calendar/current/i-2.html

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the paper re-graded as follows. The student shall discuss the work with the instructor within fifteen days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Director of Undergraduate Studies who will arrange for a reassessment of the work within the next fifteen days. Students in faculties without a departmental structure should take the matter to the dean or the associate/assistant dean (Academic/Student Affairs) of the faculty offering the course. The result of that reassessment should be given to the student in writing. The reappraisal of term work may cause the grade to be raised, lowered or to remain the same.

Reappraisal of Final Grade http://www.ucalgary.ca/pubs/calendar/current/i-3.html

In the reappraisal of a final grade, the only element that will be considered is the grading of the final assessment that makes up the final mark (e.g., final examination, final project, final paper). An exception may occur when the Instructor of Record evaluates a piece of graded term work at the end of the term; that grade may also be considered in a reappraisal of final grade.

A student wishing a reappraisal of a final grade should first attempt to review the final assessment with the department or faculty offering the course. After which, the student shall obtain a Reappraisal of Final Grade form from ucalgary.ca/registrar (under Student Forms). Students must indicate exactly what error was made in marking the final assessment and/or in computing the final grade. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected.

Students wishing a reappraisal of a final grade (excluding Law courses) must submit their request by the following dates:

Fall Term – March 1
Winter Term – June 30
Spring Intersession – August 15
Summer Term – October 15
Supplemental Examinations: 30 calendar days from the date the examination was written

The reappraisal form shall be submitted to Enrolment Services who will forward it to the department head or dean of the faculty offering the course. Reappraisals of final grades are dealt with by the head of the academic unit in consultation with members of academic staff. Normally, the department/faculty will respond to a reappraisal request within thirty calendar days of its initiation. After the reappraisal is completed, the department shall return the form to the Registrar's Office who shall inform the student in writing of the decision. Students should be aware that the grade being reappraised may be raised, lowered or remain the same. A student may request a reappraisal of final grade only twice in one academic year (September 1 – August 31).

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodations

The student accommodation policy can be found at: ucalgary.ca/access/accommodations/policy. Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam https://www.ucalgary.ca/pubs/calendar/current/n-1.html. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam https://www.ucalgary.ca/registrar/exams/deferred-exams.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making

any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam https://www.ucalgary.ca/registrar/exams/deferred-exams. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Wellness and Mental Health Resources

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student

Centre, https://www.ucalgary.ca/wellnesscentre/services/mental-health-services) and the Campus Mental Health Strategy website (http://www.ucalgary.ca/mentalhealth/).

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Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at http://www.ucalgary.ca/emergencyplan/assemblypoints

Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic:Phone: 403-220-3911suvpaca@ucalgary.caStudent Union Faculty Rep.:arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (http://www.ucalgary.ca/provost/students/ombuds)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and still receive a tuition fee refund is January 17, 2019. Last day for registration/change of registration is January 18, 2019. The last day to withdraw from this course is April 12, 2019.