

PSYC 383 – LEC1

Personality Psychology

Fall 2018

<b>Instructor:</b>	Dr. Kathleen Hughes	<b>Lecture Location:</b>	ENA 101
<b>Phone:</b>	403-210-7954	<b>Lecture Days/Time:</b>	TR 2:00am-3:15pm
<b>Email:</b>	Kathleen.hughes@ucalgary.ca		
<b>Office:</b>	Administration 256		
<b>Office Hours:</b>	MWF 10:00-10:30am outside ENA 201 & 101 Mondays 1:00pm-2:00pm		

### Course Description

What is personality? Does personality change over time? How do biology, society, and our experiences impact our personality? How does our personality impact our choices in life, and our health and well-being? This course will attempt to address these questions and more through an examination of 6 domains of personality research: (1) genetics & biology, (2) psychodynamic motives, (3) traits, (4) the self, and (5) gender and culture. Finally, this course is an excellent learning opportunity to better understand your own personality and influential factors on your own life. Understanding how to connect the course content to yourself is key.

### Course Format

This course will largely be lecture based, but class time will also consist of discussions, demonstrations, and activities. Students are responsible for **all** material covered in lectures and in the textbook. Classes will include **some** (but not all) aspects of the textbook, as well as some additional material that does **not** appear in the textbook.

Content on midterms and the final exam will be largely drawn from the **lectures and class activities**. In addition, textbook readings have been assigned. Questions on tests will also be drawn from the textbook readings. In addition, students will be asked to participate in various learning and research activities for course credit.

Class attendance is strongly advised. There will be announcements made in class regarding exams, course material, research participation, etc. If you are not in class, you will still be held responsible for being aware of these announcements. It is important that you obtain contact information from two fellow students, so that you are able to contact others when you have missed a class (or classes). **The instructor cannot respond to emails asking to repeat information presented in class or on the syllabus.**

### Prerequisites

Psychology 200 and 201 (Principles of Psychology I and II)

### Course Textbook

Larsen, R. J. & Buss, D. M. (2018). Personality Psychology. (1<sup>st</sup> Canadian Edition). McGraw-Hill Ryerson. Available for purchase at the University of Calgary Bookstore.

## D2L for PSYC 200

Grades, instructor announcements, a discussion board, practice questions, and PowerPoint slides will be posted to this website.

## Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see [psyc.ucalgary.ca/undergraduate/program-learning-outcomes](http://psyc.ucalgary.ca/undergraduate/program-learning-outcomes)), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify, discriminate, and compare different trait taxonomies of personality	Multiple choice tests	1, 2, 7	C
Evaluate, decide, and apply terminology in psychology to specific, concrete examples	Multiple choice tests	1, 2, 5, 7	C, A
Recall and recognize key personality theories and concepts	Multiple choice tests, Presentations, Written Assignments	1, 4, 7	I, C
Reflect, organize, and apply theories and ideas in psychology in everyday life	Written Assignments	2, 4, 5, 7	I, C
Judge, evaluate, and ask questions about psychological issues	Written Assignments, Presentations	2, 4, 5, 7	I, C
Demonstrate positive classroom citizenship through attendance, participation, and engagement	Multiple choice test with question pertaining to class activities	1, 7	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Assessment Methods	% of Final Grade
Written Assignment (Due November 27 <sup>th</sup> )	25%
Presentation (November 29 <sup>th</sup> – December 6 <sup>th</sup> )	15%
Midterm 1 (October 23 <sup>rd</sup> )	30%
Final Exam (Date TBA)	30%
Research Participation	Bonus 2%

## Written Assignments

Students will be required to complete a written assignment consisting of a psychobiography of a famous or notable person. Students must select a non-fictional person from a list prepared by Dr. Hughes, and all students must have a unique person. Students will research this person, take standardized personality questionnaires as this person, and write a report describing this person's personality traits.

This will be a 5 page essay. The essay will need to be written in APA style, using appropriate APA tone, formatting, and grammar. Each assignment will be submitted in hardcopy in class. Detailed instructions for assignments will be posted on D2L and discussed in class.

The assignment will be evaluated based on students' ability to 1) describe key aspects of their notable person's life, behaviour, attitudes, and relationships, 2) apply personality theories and concepts and make judgements of this person's personality, 3) to provide a critical voice regarding theories of personality in terms of their ability to accurately capture the idiosyncrasies of the human experience. Excellent papers will demonstrate superior organization, flow, and a strong conceptual argument which is evidenced by specific facts from their notable person's life. Students will also be evaluated based on their ability to write clearly, concisely, and to apply APA writing standards.

Late Written Assignments will be penalized **10% per day** including weekends and holidays). Extensions may be granted if requested **in advance** of a deadline and supported with appropriate documentation. No extensions will be given after the deadline has passed.

## Student Presentation

Students will be required to construct a poster presentation which summarizes and represents their psychobiography of a famous person. This poster will include visual elements such as photos, drawings, graphical representations of Big 5 personality scores, and other design elements that help in representing the notable person's personality.

The student presentations will be in a science fair setting, with multiple students presenting at the same time. Students will be required to 1) attend other student presentation sessions, 2) answer questions pertaining to their poster when they are approached one-on-one by the instructor and fellow students, 3) view and ask questions regarding other students' presentations. Students are **not required** to give a formal oral presentation, or a prepared talk.

Student presentations will be evaluated based on 1) description of the notable person's personality traits, 2) support for their personality traits with key examples from their life, 3) clarity of communication/organization of the poster, 4) creativity and visual appeal of the poster, and 5) citizenship as demonstrated through attendance and viewing peers' work.

There will be multiple scheduled dates of student presentations. Students will be assigned to a certain date and must bring their poster presentation to class on that date. If students require a change of date, this must be negotiated at least 48 hours in advance with Dr. Hughes. Failure to bring the poster presentation to class will result in a zero for this portion of the course. Dr. Hughes will temporarily hold the posters for evaluation. All posters will be returned to students and students will hold the copyright and intellectual property for the proposed products.

## Midterms & Final Exam

This course will include 2 multiple choice tests. Each test will be worth 30% of the final grade. Content on tests will be based on lecture content and textbook readings. The Final Exam is non-cumulative and will be scheduled by the Registrar's Office at a later date. Calculators, cell phones, computers, books, and notes are not permitted during tests.

## Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Dec 7, 2018**.

## Tentative Lecture Schedule (Subject to Change if Needed)

Date	Topic	Notes
R Sep 6	Introduction	University Lectures begin.
T Sep 11	Unit 1: Personality Research Methods	Readings: Chapter 2 & 4
R Sep 13	Unit 2: Personality Traits	Readings: Chapter 3 Last day to drop full courses (Multi-term) and Fall Term half courses. No refunds for full courses (Multi-term) or Fall Term half courses after this date.
F Sep 14	Last Day to Add Courses	
T Sep 18	Unit 2: Personality Traits	
R Sep 20	Unit 2: Personality Traits	
F Sep 21	Fee payment deadline for Fall Term full and half courses.	
T Sep 25	Unit 3: Personality Development	Readings: Chapter 5
R Sep 27	Unit 3: Personality Development	
T Oct 2	Unit 4: Biological Theories	Readings: Chapters 6, 7, & 8
R Oct 4	Unit 4: Biological Theories	
M Oct 8	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.	
T Oct 9	Unit 4: Biological Theories	
R Oct 11	Unit 5: Psychoanalytic Theories	Readings: Chapters 9 & 10
T Oct 16	Unit 6: Motivation & Emotions	Readings: Chapters 11 & 13
R Oct 18	Unit 6: Motivation & Emotions	
T Oct 23	<b>Midterm (Units 1, 2, 3, 4 &amp; 5) (Chapters 2, 3, 4, 5, 6, 7, 8, 9, &amp; 10) Worth 30%</b>	
R Oct 25	Unit 7: Cognitions & Beliefs	Readings: Chapter 12

T Oct 30	Unit 7: Cognitions & Beliefs	
R Nov 1	Unit 8: The Self	Reading: Chapter 14
T Nov 6	Unit 8: The Self	
R Nov 8	Unit 9: Social Interaction	Reading: Chapter 15
R Nov 11-17	Reading Days. No lectures.	
M Nov 12	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.	
T Nov 20	Unit 9: Social Interaction	
R Nov 22	Unit 10: Gender & Sexuality	Reading: Chapter 16
T Nov 27	Unit 10: Gender & Sexuality	<b>Assignment Due (worth 25%)</b>
R Nov 29	<b>Student Presentations (15%)</b>	
T Dec 4	<b>Student Presentations (15%)</b>	
R Dec 6	<b>Student Presentations (15%)</b>	
F Dec 7	Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses.	
Dec 10-20	Fall Term Exam Period. <b>Final Exam Unit 6, 7, 8, 9, &amp; 10 (Chapters 11, 12, 13, 14, 15, &amp; 16) Worth 30%</b>	

**Note: The final exam is scheduled by the Registrar's Office, so do not book flights or other arrangements until the official examination schedule has been posted.**

### **Dr. Hughes' Class Policies**

**Class Attendance:** Class attendance is strongly advised. Students should always plan to attend class unless for documented medical, compassionate, and extra-curricular reasons. All tests are dependent upon attending the lectures.

**Class Schedule:** Dr. Hughes will make every attempt to start and end class on time. If class schedules need to be adjusted, this will be done with the students' best interests in mind.

**Email Policy:** Dr. Hughes will make every effort to respond to student emails within 48 hours. If an email does not receive a response within 48 hours, please send it again. Do not email the Instructor concerning assignments or exams within 12 hours of the deadline for said assignment or exam. Please include the course number somewhere in the email (subject header, your signature, etc.). **The instructor cannot respond to emails asking to repeat information presented in class or on the syllabus.**

**PowerPoint Policy:** The PowerPoint slides will be posted within 24 of the completion of each Unit. PowerPoint slides will be posted in full, with the exception of any personal photos or videos. External links used in class will be embedded in the PowerPoint file.

**Laptop/Cell Phone Policy:** Student may bring laptops, cell phones, and electronics to class for the purpose of taking notes and recording lectures. Please sit in the back of the classroom if you will be multi-tasking with a large screen which may distract those behind you.

**Audio Recordings:** Students are permitted to make audio recordings of the lectures with their personal devices. However, students are not permitted to post recordings of class online or share publicly.

**Exam Questions:** Exam questions will be designed to be fair, clear, and valid measures of your knowledge of the course material. Exams will be designed to distinguish between students who actively “took” the course, and students who did not attend or study. Questions on the exam will **NOT** include “all of the above,” “none of the above,” or obvious trick questions. After completion of the final exam, Dr. Hughes will conduct a critical item-analysis of each exam question. Any questions that were deemed unclear or unfair will be dropped or considered bonus items.

**Extra-credit and reweighting:** Students are eligible to participate in Department approved research and earn credits toward their final grade. Aside from course credit for research participation, students will not be given any additional “extra” credit to improve their grades. In addition, students’ grades will not be “re-weighted” to compensate for their missed tests or assignments.

**Grading:** Grades on assignments and tests are not rounded. Final course grades out of 100 are rounded to the next letter grade if they are within 0.51% of the next letter grade interval. For instance, a 79.49 would be rounded to an 80 on the final grade. A 79.48 would not be rounded.

### **Department of Psychology Criteria for Letter Grades**

Psychology professors use the following criteria when assigning letter grades:

**A+ grade: *Exceptional Performance.*** An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range: *Excellent Performance.*** Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student’s thorough knowledge of subject matter.

**B Range: *Good Performance.*** Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range: *Satisfactory Performance.*** Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range: *Marginally meets standards.*** Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

**F grade: *Course standards not met.*** Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

## Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up when within 0.51% of the next letter grade (e.g., 89.49% will be rounded up to 90% but 89.48% will not).

## Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor **within 15 days** of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

## Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

## Academic Accommodations

The student accommodation policy can be found at: [ucalgary.ca/access/accommodations/policy](http://ucalgary.ca/access/accommodations/policy). Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities [ucalgary.ca/policies/files/policies/student-accommodation-policy](http://ucalgary.ca/policies/files/policies/student-accommodation-policy). Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

## Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam [http://www.ucalgary.ca/registrar/exams/deferred\\_final](http://www.ucalgary.ca/registrar/exams/deferred_final).

### **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam [http://www.ucalgary.ca/registrar/exams/deferred\\_final](http://www.ucalgary.ca/registrar/exams/deferred_final). Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology ([psyugrd@ucalgary.ca](mailto:psyugrd@ucalgary.ca)).

### **Freedom of Information and Protection of Privacy (FOIP) Act**

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

### **Wellness and Mental Health Resources**

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed.

We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, <https://www.ucalgary.ca/wellnesscentre/services/mental-health-services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>).

### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

<http://www.ucalgary.ca/emergencyplan/assemblypoints>

Please check this website and note the nearest assembly point for this course.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suvpaca@ucalgary.ca](mailto:suvpaca@ucalgary.ca)

**Student Union Faculty Rep.:** [arts1@su.ucalgary.ca](mailto:arts1@su.ucalgary.ca)

### **Student Ombudsman's Office**

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or [ombuds@ucalgary.ca](mailto:ombuds@ucalgary.ca) (<http://www.ucalgary.ca/provost/students/ombuds>)

### **Safewalk**

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.

Call 403-220-5333.

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **September 13, 2018**. Last day to add a course is **September 14, 2018**. The last day to withdraw from this course is **December 7, 2018**.