

DEPARTMENT OF PSYCHOLOGY Faculty of Arts

Psychology 385 (L01) Abnormal Psychology Spring 2015

Instructor: Igor Yakovenko Lecture Location: ST129

Phone: 403-210-7067 **Lecture Days/Time:** TR 09:00 - 11:45

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Office: A240

Office Hours: By appointment

Course Description and Goals

This course will provide an overview of the field of psychopathology, including theory on abnormal behaviour, assessment, diagnosis, and treatment. Examples of disorders to be covered include anxiety disorders, depressive disorders and suicide, schizophrenia spectrum disorders, eating disorders, substance-related disorders, developmental disorders, and personality disorders. The format of the course will be lectures and discussion although guest speakers and video may be used to supplement core material. Students who complete the course will gain an understanding of how abnormal behaviour is defined; the processes of assessment and diagnosis; current evidence-based treatments for a variety of disorders; and research considerations related to each core area of abnormal psychology.

Prerequisites

Psychology 200 – Principles of Psychology I Psychology 201 – Principles of Psychology II

Required Text

Dozois, D. (2014). *Abnormal psychology: Perspectives (DSM-5 update edition plus MySearchLab with Pearson eText*). Don Mills, ON: Pearson Canada.

The text package is available at the University of Calgary Bookstore. Note that the fifth edition also comes packaged with the new MySearchLab with eText which features a full electronic version of the text, chapter quizzes, videos, and more. An access code is provided with your copy of the text.

Although you may find used, previous editions of the text, it is highly recommended that you obtain the newest text as it is the first one to be updated for the new release of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).

Note that the lectures are intended to highlight and expand on, rather than summarize, assigned text content. As such, you will benefit the most from the lectures by reading the assigned chapters before coming to class.

Evaluation

Component	% of Grade	Material	Date
Exam #1	35%	Chapters 1-6 & Lecture material	May 28, 2015
Exam #2	35%	Chapters 7-12 & Lecture material	June 16, 2015
Final exam	30%	Chapters 13-16 & Lecture material	Scheduled by registrar (TBD)

All three exams are **not** cumulative. Exams will be closed-book (i.e., textbooks/notes are not permitted) and will consist of multiple-choice and short answer questions. Questions will cover **both** textbook and lecture material, including any material from presented multimedia sources or guest speakers. Given that some questions will cover lecture material that is not present in the text, regular attendance is critical for success in this course.

Department of Psychology Grade Distribution Policy

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be "A" grades (A+, A, and A-), and 2) up to 40% of grades in 400-level psychology courses will be "A" grades.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A, but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings			
R May 14	Spring Term Lecture begins.			
	Introduction to the course			
	Concepts of Abnormality throughout History			
	Theoretical Perspectives on Abnormal Behaviour			
	Readings: Chapters 1 & 2			
T May 19	Theoretical Perspectives on Abnormal Behaviour (continued)			
	Classification and Diagnosis			
	Readings: Chapters 2 & 3			
W May 20	Last day to change registration			
R May 21	Psychological Assessment and Research Methods			
	Anxiety and Related Disorders			
	Readings: Chapters 4 & 5			
T May 26	Anxiety and Related Disorders (continued)			
	Dissociative and Somatic Symptom and Related Disorders			
	Readings: Chapters 5 &6			
R May 28	Exam #1			
T June 2	Psychological Factors Affecting Medical Conditions			
	Depressive Disorders and Suicide			
	Readings: Chapters 7 & 8			
R June 4	Depressive Disorders and Suicide (continued)			
	Schizophrenia Spectrum and other Psychotic Disorders			
	Readings: Chapters 8 & 9			
T June 9	Eating Disorders			
	Substance-Related Disorders			

	Readings: Chapters 10 & 11			
R June 11	Substance-Related Disorders (continued)			
	Personality Disorders			
	Readings: Chapters 11 & 12			
T June 16	Exam #2			
R June 18	Sexual Dysfunction Disorders and Gender Dysphoria			
	Neurodevelopmental Disorders			
	Readings: Chapters 13 & 14			
T June 23	Neurodevelopmental Disorders (continued)			
	Behaviour and Emotional Disorders of Childhood and Adolescence			
	Readings: Chapters 14 & 15			
R June 25	Aging and Mental Health			
	Reading: Chapter 16			
F June 26	Spring Term Lectures End. Last day to withdraw from full session Spring Term			
	courses.			
June 27; 29-	Spring Term Exam Period. Actual date to be assigned by the registrar.			
30				

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered except under exceptional circumstances. Students are advised to wait until the final examination schedule is posted before making any travel arrangements.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at http://www.ucalgary.ca/emergencyplan/assemblypoints

Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: Phone: 403-220-3913 <u>socialscirep@su.ucalgary.ca</u>

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and still receive a tuition fee refund and the last day for registration/change of registration is May 20, 2015. The last day to withdraw from this course is June 26, 2015.