

**PSYC 385**
**Abnormal Psychology**
**Summer 2020**

<b>Instructor:</b>	Kristin Newman, Ph.D., R.Psych.	<b>Lecture Location:</b>	Online, D2L
<b>Email:</b>	krchampa@ucalgary.ca	<b>Lecture Time:</b>	Hybrid, posted weekly
<b>Office:</b>	Online	<b>Marking TA:</b>	Brad Brazeau bradley.brazeau@ucalgary.ca
<b>Office Hours:</b>	By appointment via Zoom, email to schedule		

### Course Description

This course is designed to provide an overview primarily to the field of adult psychopathology, with some discussion of child and adolescent psychopathology where relevant. We will examine the historical origins of psychopathology, theories related to abnormal behavior, and how to classify and diagnose psychological disorders. A number of different disorders will be examined in terms of their etiology (what contributes to the development of the disorder), specific defining features, developmental course, assessment (the measurement of disorders), treatment (ways to intervene), and prognosis of the major psychological disorders. Current theory and research will be emphasized.

### Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see [psyc.ucalgary.ca/undergraduate/program-learning-outcomes](http://psyc.ucalgary.ca/undergraduate/program-learning-outcomes)), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify and describe biological, psychological, and sociocultural bases of adult psychopathology	Multiple choice exams Written assignments	1, 2, 4, 5, 7	C, I
Describe how the understanding and classification of psychological disorders evolved over time	Multiple choice exams	1	I
Accurately identify and describe different psychological disorders including their classification, causes, symptoms, and diagnostic criteria	Multiple choice exams Written assignments	1, 2, 4, 5, 7	C, I
Identify and discuss legal and ethical issues related to mental health/disorders	Multiple choice exams Written assignments	1, 4, 5, 6, 7	I
Identify and evaluate issues and methods related to the prevention and treatment of psychological disorders	Multiple choice exams Written assignments	1, 2, 4, 5, 7	I
Identify and compare similarities and differences between disorders and/or disorder subtypes within/between different diagnostic classifications	Multiple choice exams Written assignments	1, 2, 4, 5, 7	C, I
Discuss and evaluate controversies in the field of abnormal psychology	Multiple choice exams Written assignments	1, 2, 4, 5	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

### Prerequisites

PSYC 200 and 201- Principles of Psychology I and II

### Course Delivery

This course will be delivered online in an asynchronous format, with the exception of exams 1 and 2 which will occur from 6:00-7:15 pm on the designated exam dates, and the final exam time/date TBD by the registrar. I will post lectures weekly as per the corresponding dates below. All information regarding the course, exams, and assignments will be posted on D2L and students should be diligent in keeping up to date with the information to ensure course requirements are met and to keep apprised of any changes or updates to the course information.

**\*\*Note:** On the official first day of class, Tuesday, June 30, 2020, at 6:00pm, I will host a live Zoom class session to provide an introduction, review the course outline, and address any questions regarding the course at that time.

### Required Text

*Revel for Abnormal Psychology, First Canadian Edition -- Access Card, 1/E*  
*Beidel, Bulik, Stanley & Taylor ©2018 | Pearson Education Canada | Published: 06/09/2017*  
*ISBN-10: 0132738910 | ISBN-13: 9780132738910*

The instructions for obtaining the textbook are as follows:

You can purchase the access code either through the university bookstore or through the Pearson website:

1. Enter your Course Invite Link: <https://console.pearson.com/enrollment/er36xy>
2. **Sign in** if you have used a Pearson product before OR **Create a new account**
3. Select your access option
  - a) **“Get 14-day temporary access”** if you want to try the product first
  - b) **“Redeem access code”** you purchased from the university bookstore
  - c) **“Purchase materials”** with a credit card or PayPal account
4. From now on, you can log in from <http://console.pearson.com>

This REVEL text is digital first – so students must purchase Revel/eText access first, and then there is an option to purchase a loose-leaf version of the text for \$39.99 that can be shipped directly to the student’s home address. To learn more about this Print version, see this Revel Student Guide: [https://www.pearsonhighered.com/revel/assets/pdf/REVEL-for-Student\\_Getting-Started-Guide.pdf](https://www.pearsonhighered.com/revel/assets/pdf/REVEL-for-Student_Getting-Started-Guide.pdf)

Need help?

- Visit <https://www.pearson.com/ca/en/higher-education/get-started/faq.html> for FAQs, guides, and resources.
- Pearson 24/7 Tech Support: <https://support.pearson.com/getsupport/s/contactsupport>

## Assessment Methods

The evaluation of this course will include three exams and two assignments.

Component	% of Grade	Material evaluated/required	Due Date
Exam 1	20	Chapters: 1, 3, 4, 6 and corresponding lectures	July 14, 2020 6:00-7:15pm
Assignment 1	10	-This assignment will involve watching a video provided by the instructor and responding to a series of questions regarding the video and relevant chapter reading. -The assignment and video will be posted on D2L on July 14 in correspondence with Chapter 5 and the July 16 lecture.	11:59pm on July 21, 2020
Exam 2	25	Chapters 5, 8, 9 and corresponding lectures	July 28, 2020 6:00-7:15pm
Assignment 2	20	-This assignment will involve reading a case study provided by the instructor and responding to a series of questions regarding the case study. -The case study and questions will be posted on D2L on July 28, 2020.	11:59pm on August 11, 2020
Final exam	25	Chapters 10, 11, 12, 15 and corresponding lectures	TBD – will take place during final exam period August 14-18

### **Exam information:**

Exams will be delivered online through D2L. All exams will be non-cumulative, multiple-choice format, based on the textbook and lecture materials. Not all testable material will be covered in lectures, and students will be responsible for all assigned readings from the text even if the specific content has not been covered in lectures. You will be allowed to access your course resources (lecture notes, textbook) during the exams, but there is to be no collaboration or communication with other students or any other individuals about the exam, during the exam administration, and no searching online for exam answers. Exams not completed on the specified date, and with no contact of the instructor within 24 hours following the exam, will be assigned a grade of 0. Students with academic accommodations should contact the instructor to make appropriate adjustments to the allotted times for exam completion.

**Assignment information:**

Assignments and more detailed instructions for assignment completion will be posted on D2L. Assignments will be due on their respective due dates via the course's D2L dropbox. Assignments will not be accepted via email without prior instructor approval. Without instructor approval, late assignments will be penalized 10% per day, including weekends. Assignments not completed by the due date, and without prior instructor approval, will be assigned a grade of 0. Assignments more than 5 days late will not be accepted without prior instructor approval.

**\*\*Please note: Student collaboration is not allowed on exams or assignments: There is to be no discussion or collaboration with other students in the course or any other individual regarding exams or assignments.**

**University of Calgary Academic Integrity Policy**

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

**Department of Psychology Criteria for Letter Grades**

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

**Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A, but 89.4% will be rounded down to 89% = A-). These percentages will not be further altered for any reason.

**Tentative Lecture Schedule**

Date	Topic/Activity/Readings/Due Date
M Jun 29	<i>Summer Term Lecture begins.</i>
T Jun 30	Live introduction via Zoom and review of course outline Chapter 1: Abnormal Psychology: History and Modern Perspectives
W July 1	<i>University closed, Canada Day</i>
R July 2	Chapter 3: Assessment and Diagnosis
F July 3	<i>Last day to add/drop or swap summer courses.</i>
T July 7	Chapter 4: Anxiety, Obsessive Compulsive, and Trauma/Stressor related disorders
R July 9	Chapter 6: Bipolar and Depressive Disorders <i>Tuition and fee payment deadline</i>
T July 14	<b>Exam 1 (chapters 1, 3, 4, 6)</b> <i>Assignment 1 and video link posted</i>
R July 16	Chapter 5: Somatic Symptom, Dissociative, Factitious Disorders and Video
T July 21	Chapter 8: Gender Dysphoria, Sexual dysfunctions, and Paraphilic Disorders <b>Assignment 1 due</b>
R Jul 23	Chapter 9: Substance Related and Addictive Disorders
T Jul 28	<b>Exam 2 (chapters 5, 8, 9)</b> <i>Assignment 2 posted</i>
R Jul 30	Chapter 10: Schizophrenia Spectrum and other Psychotic Disorders

M Aug 3	<i>University Closed Heritage Day</i>
T Aug 4	Chapter 11: Personality Disorders
R Aug 6	Chapter 12: Neurodevelopmental, Disruptive, Conduct, and Elimination disorders
T Aug 11	Chapter 15: Legal and Ethical Issues <b>Assignment 2 due</b>
W Aug 12	<i>Summer Term Lectures End. Last day to withdraw from full session Summer Term courses.</i>
August 14-18	<i>Final exam dates for full session Summer Term courses</i> <b>Final exam (chapters 10, 11, 12, 15)</b>

### **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **August 12, 2020**.

### **Absence From A Test/Exam**

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 24 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 24-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 1 week of the missed test/exam. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

### **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official June and August examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>. **Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).**

**Reappraisal of Graded Term Work** <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

**Reappraisal of Final Grade** <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

### **Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

### **Academic Misconduct**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

### **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

### **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright ([www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf](http://www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf)) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

### **Freedom OF Information and Protection of Privacy**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

### **Student Support and Resources**

<https://www.ucalgary.ca/registrar/registration/course-outlines>

### **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

**Important Dates**

The last day to drop this course with no “W” notation and **still receive a tuition fee refund** is **Friday, July 3, 2020**. Last day for registration/change of registration is **Friday, July 3, 2020**. The last day to withdraw from this course is **August 12, 2020**.