



Psychology 433 (L01)

Introduction to Clinical Psychology

Instructor:	Keith S. Dobson, Ph.D.	Lecture Location:	Education Block: C 57
Phone:	403- 220-5096	Lecture Days/Time:	MWF 15:00- 15:50
Email:	ksdobson@ucalgary.ca	Labs (Admin. 248):	1- T 15:00- 16:50 2- R 09:00- 10:50
Office:	Administration 233A	Lab TAs:	
		1- Igor Yakovenko	iyakoven@ucalgary.ca
		2- Sarah Collins	scollin@ucalgary.ca
Office Hours:	Flexible, by appointment		

Course Description and Goals

This course is designed to introduce the student to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and Psychology 385 – Abnormal Psychology

Required Text

Hunsley, J., & Lee, C. M. (2010). *Introduction to Clinical Psychology: An Evidence-based Approach (2nd Edition)*. New York: J. Wiley and Sons. Available at University Bookstore. Also available through John Wiley, as an e-Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP001044.html?filter=TEXTBOOK>).

Note that this book has been used previously and may be available in the used book store.

Evaluation

Lecture Components:

Component	% of Grade	Material	Date
Midterm Exam	30%	Chapters 1- 9 & Lecture Material	October 15
Final Exam	30%	Chapters 10- 15 & Lecture Material	Scheduled by Registrar
Article Review	10%	Research Articles	Due in class by Nov 2

Exams will consist of short answer and written answer questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. The final exam will be non-cumulative and will only consist of material covered after the midterm. If an exam is missed it can only be made up following the provision of a Physician/ Counselor Statement, otherwise a grade of 0 will be assigned for that exam.

The article review will consist of a paper of between 5 and 7 pages in length plus a cover page (typed, double spaced, 12-point font), which describes (1 page maximum), and then discusses (3- 5 pages) the methodology, strengths and limitations of an original *research* (not a theoretical article) article, and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Choose any article from a current (defined as since 2010) issue of the following journals: *Journal of Consulting and Clinical Psychology*, *Psychological Assessment*, *Behaviour Research and Therapy*, or the *British Journal of Clinical Psychology* (all are available on line through OVID), and submit the article with your review. This paper is due in your class by **Nov. 2, 2012**. Late assignments will be accepted and should be put in the green box outside A275, however, the penalty will be 10% per day, including weekends. E-mailed article reviews will not be accepted.

Lab Components:

Component	% of Grade	Date
Thought Paper	10%	Due in your lab session by the week of Nov. 19.
Individual Presentation	15%	As arranged in lab
Participation and attendance	5%	Throughout the term

You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignments. The thought paper will consist of a brief paper of between 5 and 7 pages in length (typed, double spaced, 12-point font), which reflects your *own* thoughts about, or reactions to the one or more of the topics presented in the laboratory. References, including empirical papers or books are welcome, but internet references (e.g. Wikipedia; Google Scholar) should not be used. Papers are due at the beginning of the lab and should be given or emailed to the teaching assistant (TA). Late assignments will be accepted and should be put in the green box outside of A275, however, the penalty will be 10% per day, including weekends. E-mailed thought papers will be accepted, with the same time constraints.

Presentations will be given individually during the last 4 lab sessions and will last approximately 15-20 minutes (final amounts will be discussed in lab). The presentation is required for the lab, it is not an option. Presentations if missed can only be made up with Physician/Counselors Statements, otherwise a grade of 0 will be assigned for the presentation.

Students are expected to attend labs regularly and to participate in discussions. For every lab, each student will receive a mark for participation in class exercises and discussion. Normally students will not be able to make up marks for missed labs. More specific details regarding grading and expectations will be discussed in class and posted on Blackboard. Students must achieve a passing grade on both the class and lab components to pass this course.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/ Activity/ Readings
M Sep 10	Lectures begin. Introductions and Organization of the Course.
W Sep 12	The History of Clinical Psychology; Chapter 1
F Sep 14	The History of Clinical Psychology; Chapter 1
M Sep 17	Contemporary Clinical Psychology; Chapter 2
W Sep 19	Professional Issues in Clinical Psychology; Chapter 2
F Sep 21	Classification and Diagnosis; Chapter 3 Last day to drop a course with no W grade and tuition refund.
M Sep 24	Classification and Diagnosis; Chapter 3 Last day for add or swap courses.
W Sep 26	Research Methods; Chapter 4
F Sep 28	Assessment Overview: Chapter 5
M Oct 1	Assessment: Interviewing and observation: Chapter 6 Guest lecturer- Sarah Collins
W Oct 3	Assessment: Intellectual and Cognitive measures: Chapter 7
F Oct 5	Assessment: Projective Measures: Chapter 8
M Oct 8	Thanksgiving Day. No lecture. University closed.
W Oct 10	Assessment: Self-report Measures: Chapter 8
F Oct 12	Assessment: Integration and Clinical Decision- making: Chapter 9
M Oct 15	MIDTERM EXAMINATION
W Oct 17	Intervention research: Prevention, intervention, relapse prevention: Chapter 10
F Oct 19	Psychotherapy Research: Chapter 14
M Oct 22	Psychotherapy Research: Chapter 14
W Oct 24	Psychotherapy Processes: Chapter 14
F Oct 26	Theories of Psychotherapy: Chapter 11
M Oct 29	Theories of Psychotherapy: Chapter 11
W Oct 31	Adult Psychotherapy: Chapter 12
F Nov 2	Adult Psychotherapy: Chapter 12 Guest lecturer- Igor Yakovenko Research article review due.
M Nov 5	Couples and Sex Therapy : Chapter 12
W Nov 7	Child and Adolescent Psychotherapy: Chapter 13
F Nov 9	Reading days. No lecture.
M Nov 12	Remembrance Day (Observed). University Closed
W Nov 14	Family Therapy: Chapter 13

F Nov 16	Guest lecturer- Dr. Konnert: Clinical Geropsychology
M Nov 19	Clinical Health Psychology: Chapter 15 Thought paper due in lab this week.
W Nov 21	Clinical Health Psychology: Chapter 15
F Nov 23	Clinical Neuropsychology: Chapter 15
M Nov 26	Clinical Neuropsychology: Chapter 15
W Nov 28	Forensic Psychology: Chapter 15
F Nov 30	Forensic Psychology: Chapter 15
M Dec 3	Community Mental Health Issues
W Dec 5	Community Mental Health Issues
F Dec 7	The future of Clinical Psychology: Chapter 15 Fall Term Lectures End. Last day to participate in studies and to assign or reassign earned research credits. Last day to withdraw from this course.
Dec 10-21	FINAL EXAMINATION- Fall Term Exam Period

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, test) has been unfairly graded, may have the work re-graded. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the Department of Psychology, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the Faculty of Arts within 15 days of the unfavorable decision, which clearly and fully states the decision being appealed, the grounds for appeal, the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/ Cheating/ Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From a Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/ Counselor Statement will be required to confirm absence from an exam or other assignment for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss an exam or other assignment have 48 hours to contact the instructor and to schedule a makeup evaluation. Students who do not schedule a makeup evaluation with the instructor within this 48-hour period forfeit the right to a makeup evaluation. At the instructor's discretion, a makeup evaluation may differ significantly (in form and/or content) from a regularly scheduled test/ exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup evaluation must be written within 2 weeks of the missed test/exam.

Freedom of Information and Protection of Privacy (FOIPP) Act

The FOIPP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/ lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Dec 7, 2012**.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>. The nearest assembly point for this course is the Atrium of Scurfield Hall, and the secondary point is the Food Court of the Professional Faculties Building.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: Phone: 403-220-3913 socialscirep@su.ucalgary.ca

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **September 21, 2012**. Last day for registration/change of registration is **September 24, 2012**. The last day to withdraw from this course is **December 7, 2012**.