

**Psychology 433 (L01)                      Introduction to Clinical Psychology                      Fall 2014**

<b>Instructor:</b>	Shadi Beshai, Ph.D. Candidate	<b>Lecture Location:</b>	EEEL 349
<b>Phone:</b>	403- 210-7735	<b>Lecture Days/Time:</b>	MWF 9:00- 9:50
<b>Email:</b>	<a href="mailto:sbeshai@ucalgary.ca">sbeshai@ucalgary.ca</a>	<b>Appointments:</b>	Flexible, by appointment
<b>Office:</b>	292 B Education Block		

<b>Labs (Admin 248):</b>	<b>Date and Time:</b>	<b>Lab TA:</b>	<b>Email:</b>
1	T 13:00- 14:50	Jennifer Swan	<a href="mailto:jswan@ucalgary.ca">jswan@ucalgary.ca</a>
2	R 13:00- 14:50	Jennifer Swan	<a href="mailto:jswan@ucalgary.ca">jswan@ucalgary.ca</a>

**Course Description and Goals**

This course is designed to introduce the student to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

**Prerequisites**

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and  
 Psychology 385 – Abnormal Psychology

**Required Text**

Hunsley, J., & Lee, C. M. (2014). *Clinical Psychology: An Evidence-based Approach (3<sup>rd</sup> Edition)*. New York: J. Wiley and Sons. Available at University Bookstore. Also available through John Wiley, as an e-Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html>).

Note that this book has been used previously and may be available in the used book store.

**Evaluation**
**Lecture Components:**

<b>Component</b>	<b>% of Grade</b>	<b>Material</b>	<b>Date</b>
Midterm Exam	30%	Chapters 1- 8 & Lecture Material	October 15 <sup>th</sup>
Final Exam	30%	Chapters 9- 15 & Lecture Material	Scheduled by Registrar
Article Review	10%	Research Article	Due in class by Nov 7 <sup>th</sup>

Lab Components: Component	% of Grade	Date
Thought Paper	10%	Due in your lab session by the end of the November 24 <sup>th</sup> week.
Individual Presentation	15%	As arranged in lab
Participation and attendance	5%	Throughout the term

Exams will consist of multiple choice and short answer questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. The final exam will be non-cumulative and will only consist of material covered after the midterm. If an exam is missed it can only be made up following the provision of a Physician/Counselor Statement, otherwise a grade of 0 will be assigned for that exam. The article review will consist of a paper of between 5 and 7 pages in length plus a cover page (typed, double spaced, 12-point font), which describes (1 page maximum), and then discusses (3- 5 pages) the methodology, strengths and limitations of an original *empirical research* (not a theoretical article) article, and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Choose any article from a current (defined as since 2010) issue of the following journals: *Journal of Consulting and Clinical Psychology*, *Psychological Assessment*, *Behaviour Research and Therapy*, or the *British Journal of Clinical Psychology* (all are available on line through OVID), and submit the article with your review. This paper is due in your class on or before **November 7<sup>th</sup>, 2014**. Late assignments will be accepted and should be put in the green box outside A275, however, the penalty will be 10% per day, including weekends. E-mailed article reviews will not be accepted.

**You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignments.** The thought paper will consist of a brief paper of between 5 and 7 pages in length (typed, double spaced, 12-point font), which reflects your *own* thoughts about, or reactions to the one or more of the topics presented in the laboratory. References, including empirical papers or books are welcome, but internet references (e.g., Wikipedia) should not be used. Papers are due at the beginning of the lab and should be given or emailed to the teaching assistant (TA). Late assignments will be accepted and should be put in the green box outside of A275, however, the penalty will be 10% per day, including weekends. E-mailed thought papers will be accepted, with the same time constraints.

Presentations will be given individually during the last 4 lab sessions and will last approximately 15-20 minutes (final amounts will be discussed in lab). The presentation is required for the lab, it is not an option. Presentations if missed can only be made up with Physician/Counselors Statements, otherwise a grade of 0 will be assigned for the presentation.

**Students are expected to attend labs regularly and to participate in discussions.** For every lab, each student will receive a mark for participation in class exercises and discussion. Normally students will not be able to make up marks for missed labs. More specific details regarding grading and expectations will be discussed in class and posted on Blackboard. Students must achieve a passing grade on both the class and lab components to pass this course.

## Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

## Lecture Schedule

Date	Topic/Activity	Corresponding Chapter
M Sep 8	<b>Winter Term lecture begins</b> Introductions and Organization of the Course. The History of Clinical Psychology	Chapter 1
W Sep 10	The History of Clinical Psychology	Chapter 1
F Sep 12	Mental Health Professions	Chapter 1
M Sep 15	Contemporary Clinical Psychology	Chapter 2
W Sep 17	Approach, Ethics and Training in Clinical Psychology	Chapter 2
F Sep 19	Classification and Diagnosis	Chapter 3
F Sep 19	Last day to drop full courses (Multi-term) and Fall Term half courses. No refunds for full courses (Multi-term) or Fall Term half courses after this date.	
M Sep 22	Classification and Diagnosis	Chapter 3
M Sep 22	Last day to add or swap full courses (Multi-term) and Fall Term half courses. Last day for change of registration from audit to credit or credit to audit.	
W Sept 24	Classification and Diagnosis	Chapter 3
F Sep 26	Research Methods in Clinical Psychology	Chapter 4
F Sep 26	Fee payment deadline for Fall Term full and half courses.	
M Sep 29	Research Methods in Clinical Psychology	Chapter 4
W Oct 01	Assessment: Overview	Chapter 5 (limited coverage)
F Oct 03	Assessment: Interviewing and observation	Chapter 6
M Oct 06	Assessment: Intellectual and Cognitive measures	Chapter 7
W Oct 08	Assessment: Self-report and Projective Measures	Chapter 8
F Oct 10	Assessment: Self-report and projective measures	Chapter 8
<b>M Oct 13</b>	<b>Thanksgiving Day, University closed</b>	
<b>W Oct 15</b>	<b>Midterm #1</b>	<b>Covers Chapter 1 to 8, inclusive (with limited coverage of chapters 5), and all lecture notes/material.</b>
F Oct 17	Assessment: Integration and Clinical Decision- Making	Chapter 9
M Oct 20	Assessment: Integration and Clinical Decision - Making	Chapter 9

W Oct 22	Assessment: Clinical Decision-Making Debate	Chapter 9
F Oct 24	Overview and Theories of Psychotherapy	Chapter 11
M Oct 27	Theories of Psychotherapy	Chapter 11
W Oct 29	Theories of Psychotherapy	Chapter 11
F Oct 31	Prevention	Chapter 10
M Nov 3	Prevention	Chapter 10
W Nov 5	Psychotherapy Research	Chapter 14
F Nov 7	Psychotherapy Processes <b>Article Review Due</b>	Chapter 14
<b>M Nov 10</b>	<b>Reading Days. No Lectures</b>	
W Nov 12	Mechanisms in Psychotherapy	Chapter 14
F Nov 14	Adult Psychotherapy	Chapter 12
M Nov 17	Adult Psychotherapy	Chapter 12
W Nov 19	Sex and Couples Therapy	Chapter 12
F Nov 21	Child and Adolescent Psychotherapy	Chapter 13
M Nov 24	Child and Adolescent Psychotherapy <b>Week Thought Paper is Due in Lab</b>	Chapter 13
W Nov 26	Clinical Health Psychology	Chapter 15
F Nov 28	Clinical Neuropsychology	Chapter 15
M Dec 01	Forensic Psychology: Chapter 15	Chapter 15
W Dec 03	Community Mental Health Issues	
F Dec 05	The Future of Clinical Psychology: Chapter 15	Chapter 15
<b>F Dec 05</b>	<b>Fall Term Lectures End. Last day to withdraw from courses. Last day to obtain research participation credits.</b>	
Mon Dec 8- Thu Dec 18	<b>FINAL EXAMINATION- Fall Term Exam Period Actual date will be assigned by Registrar</b>	<b>Chapters 9 to15 (inclusive)</b>

### Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, test) has been unfairly graded, may have the work re-graded. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the Department of Psychology, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the Faculty of Arts within 15 days of the unfavorable decision, which clearly and fully states the decision being appealed, the grounds for appeal, the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

### **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/ Cheating/ Other Academic Misconduct.

### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

### **Absence From a Test/Exam**

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/ Counselor Statement will be required to confirm absence from an exam or other assignment for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss an exam or other assignment have 48 hours to contact the instructor and to schedule a makeup evaluation. Students who do not schedule a makeup evaluation with the instructor within this 48-hour period forfeit the right to a makeup evaluation. At the instructor's discretion, a makeup evaluation may differ significantly (in form and/or content) from a regularly scheduled test/ exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup evaluation must be written within 2 weeks of the missed test/exam.

### **Freedom of Information and Protection of Privacy (FOIPP) Act**

The FOIPP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/ lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Dec 5, 2014**.

### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

<http://www.ucalgary.ca/emergencyplan/assemblypoints>. The nearest assembly point for this course is the Food Court of the Social Sciences Building, and the secondary point is the Food Court of the ICT Building.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suvpaca@ucalgary.ca](mailto:suvpaca@ucalgary.ca)

**Student Union Faculty Rep.:** Phone: 403-220-3913 [socialscirep@su.ucalgary.ca](mailto:socialscirep@su.ucalgary.ca)

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Friday September 19, 2014**. Last day for registration/change of registration is **Monday September 22, 2014**. The last day to withdraw from this course is **December 5, 2014**.