



Psychology 433 (L01)	Introduction to Clinical Psychology	Fall 2014
Instructor: Leanne Quigley	Lecture Location: EEEL 345	
Phone: 403-220-3697	Lecture Days/Time: TR 14:00 – 15:15	
Email: lquigley@ucalgary.ca	Labs (Admin. 248): Lab 1: T 9:00 – 10:50 Lab 2: R 9:00 – 10:50	
Office: Administration 059D	Lab TA: Liza Mastikhina	lmastikh@ucalgary.ca
Office Hours: Flexible, by appointment		

Course Description and Goals

This course is designed to introduce the student to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and
Psychology 385 – Abnormal Psychology

Required Text

Hunsley, J., & Lee, C. M. (2013). *Introduction to Clinical Psychology: An Evidence-based Approach (3rd Edition)*. New York: J. Wiley and Sons. Available at University Bookstore. Also available through John Wiley, as an e-Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

Evaluation

Lecture Components: Component	% of Grade	Material	Date
Midterm Exam	30%	Chapters 1-9 & Lecture Material	October 16, 2014
Final Exam	30%	Chapters 10-15 & Lecture Material	Scheduled by Registrar
Mobile/Web App Review	10%		December 4, 2014 (last lecture)

Exams will consist of short answer and written answer questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. The final exam will be non-cumulative and will only consist of material covered after the midterm. If an exam is missed it can only be made up following the provision of a Physician/ Counselor Statement, otherwise a grade of 0 will be assigned for that exam.

For the mobile/web app review, you will be required to select and utilize a mental health resource available as a mobile application or web resource. The review will consist of a paper between 5 and 7 pages in length plus a cover page (typed, double spaced, 12-point font), which describes the app/resource and your experience using the app/resource, and evaluates the evidence-base for the app/resource based on the available scientific literature. More information will be provided in the first lecture. This review is due in class on **December 4, 2014**, which is the last class lecture. Late assignments will be accepted and should be handed in at the main office of the Department of Psychology. However, the penalty for late assignments will be 10% per day, including weekends. E-mailed papers will not be accepted.

Lab Components:

Component	% of Grade	Date
Article Review	10%	Due in your lab the week of November 4, 2014
Individual Presentation	15%	As arranged in lab
Participation and attendance	5%	Throughout the term

You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignments. The article review will consist of a paper of between 5 and 7 pages in length plus a cover page (typed, double spaced, 12-point font), which describes (1 page maximum), and then discusses (3- 5 pages) the methodology, strengths, and limitations of an original *research* (not a theoretical article) article, and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Choose any article from a current (defined as since 2010) issue of the following journals: *Journal of Consulting and Clinical Psychology*, *Psychological Assessment*, *Behaviour Research and Therapy*, or the *British Journal of Clinical Psychology* (all are available on line through OVID), and submit the article with your review. More information will be provided in your lab section. This paper is due in your lab the week of **November 4, 2014**. Late assignments will be accepted and should be handed in at the main office of the Department of Psychology. However, the penalty for late assignments will be 10% per day, including weekends. E-mailed article reviews will not be accepted.

Presentations will be given individually during the last five lab sessions and will last approximately 15-20 minutes (final amounts will be discussed in lab). The presentation will consist of a case study of a single person (e.g., actor, musician, athlete, etc) or a television, movie or book character. Students will be responsible to discuss background information, presenting psychological symptoms, diagnosis, and empirically supported psychosocial treatments through their in-depth analysis of the selected case. The presentation is required for the lab, it is not an option. Presentations if missed can only be made up with Physician/Counselors Statements, otherwise a grade of 0 will be assigned for the presentation.

Students are expected to attend labs regularly and to participate in discussions. For every lab, each student will receive a mark for participation in class exercises and discussion. Normally students will not be able to make up marks for missed labs. More specific details regarding grading and expectations will be discussed in class. Students must achieve a passing grade on both the class and lab components to pass this course.

Department of Psychology Grade Distribution Policy

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are

comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be “A” grades (A+, A, and A-), and 2) up to 40% of grades 400-level psychology courses will be “A” grades.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student’s thorough knowledge of subject matter.

B Range: Good Performance. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: Marginally meets standards. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: Course standards not met. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/ Activity/ Readings
M Sep 8	Fall term lectures begin.
T Sep 9	Introductions and organization of the course The History of Clinical Psychology; Chapter 1
R Sep 11	Contemporary Clinical Psychology; Chapter 2
T Sep 16	Professional Issues and Ethics in Clinical Psychology; Chapter 2

R Sep 18	Classification and Diagnosis; Chapter 3
F Sep 19	Last day to drop full courses (Multi-term) and Fall Term half courses. No refunds for full courses (Multi-term) or Fall Term half courses after this date.
M Sep 22	Last day to add or swap full courses (Multi-term) and Fall Term half courses. Last day for change of registration from audit to credit or credit to audit.
T Sep 23	Research Methods, Chapter 4
R Sep 25	Science and Pseudoscience in Clinical Psychology
F Sep 26	Fee payment deadline for Fall Term full and half courses.
T Sep 30	Assessment Overview, Chapter 5
R Oct 2	Assessment: Interviewing and Observation, Chapter 6
T Oct 7	Assessment: Intellectual and Cognitive measures, Chapter 7
R Oct 9	Assessment: Self-Report and Projective Measures, Chapter 8
T Oct 14	Assessment: Integration and Clinical Decision-Making: Chapter 9
R Oct 16	Midterm exam
T Oct 21	Prevention: Chapter 10
R Oct 23	Psychotherapy Research: Chapter 14
T Oct 28	Theories of Psychotherapy: Chapter 11
R Oct 30	Adult Psychotherapy: Cognitive-Behavioural Therapy, Chapter 12
T Nov 4	Adult Psychotherapy: Third-Wave Therapies, Chapter 12 Research article review due in your lab this week.
R Nov 6	Couples Therapy : Chapter 12
T Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
R Nov 13	Family Therapy: Chapter 13
T Nov 18	Child and Adolescent Psychotherapy: Chapter 13 Guest lecture: Melanie Khu
R Nov 20	Clinical Neuropsychology/Geropsychology: Chapter 15 Guest lecture: Ana Petrovic-Poljak
T Nov 25	Clinical Health Psychology: Chapter 15 Guest lecture: Codie Rouleau
R Nov 27	Forensic Psychology: Chapter 15
T Dec 2	Diversity and Stigma
R Dec 4	The Future of Clinical Psychology: Chapter 15 Mobile/web app review due in class.
F Dec 5	Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses.
Dec 8-18	Fall Term Exam Period. Actual date of exam to be scheduled by registrar.

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, test) has been unfairly graded, may have the work re-graded. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the Department of Psychology, who will arrange for a reassessment of the work within the next 15

days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the Faculty of Arts within 15 days of the unfavorable decision, which clearly and fully states the decision being appealed, the grounds for appeal, the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/ Cheating/ Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From a Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/ Counselor Statement will be required to confirm absence from an exam or other assignment for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss an exam or other assignment have 48 hours to contact the instructor and to schedule a makeup evaluation. Students who do not schedule a makeup evaluation with the instructor within this 48-hour period forfeit the right to a makeup evaluation. At the instructor's discretion, a makeup evaluation may differ significantly (in form and/or content) from a regularly scheduled test/ exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup evaluation must be written within 2 weeks of the missed test/exam.

Freedom of Information and Protection of Privacy (FOIPP) Act

The FOIPP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/ lab, or during office hours, or via the main office of the Department of Psychology, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>. The nearest assembly point for this course is the Atrium of Scurfield Hall, and the secondary point is the Food Court of the Professional Faculties Building.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic:	Phone: 403-220-3911	suypaca@ucalgary.ca
Student Union Faculty Rep.:	Phone: 403-220-3913	socialscirep@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (<http://www.su.ucalgary.ca/services/student-services/student-rights.html>).

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Friday, September 19, 2014**. Last day for registration/change of registration is **Monday, September 22, 2014**. The last day to withdraw from this course is **December 5, 2014**.