



PSYC 433

Clinical Psychology

Fall 2020

Instructor: Kristin Newman, PhD, R.Psych. **Lecture Location:** Web Based;
Asynchronous
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Course Description

This course is designed to introduce students to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Evaluate and formulate a case study	Case Study assignment	1,2,4,5,6,7	C, A
Describe knowledge as related to the broad field of clinical psychology	Exams	1,2,5,7	C, A
Critically evaluate research	Article critique assignment, exams	1,2,4,7	C, A
Recall and recognize diagnostic, assessment, and intervention theories and methods	Exams	1,2	C
Identify ethical principles and dilemmas	Exams, assignments	1,2,4,5,6	C
Describe and apply theoretical and practical aspects of specific intervention methods	Case study assignment and exams	1,2,4,5,7	C, A

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity,

diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Format

Class materials will be posted to the course D2L page by the day/time of each scheduled class as per the course schedule below.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and
Psychology 385 – Abnormal Psychology

Required Text

Lee, C.M. & Hunsley, J. (2018). Introduction to Clinical Psychology: An Evidence-based Approach (4th Edition). New York: J. Wiley and Sons.

Available at University Bookstore. Also available through John Wiley, as an e- Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

Additional required reading:

Olatunji, B. Parker, L., Lohr, J. (2005). Pseudoscience in contemporary psychology: Professional issues and implications. *The Scientific Review of Mental Health Practice*. 4(2), 19-36. Access to this article is available through the University of Calgary Library website.

Assessment Methods

Component	% of Grade	Material	Date
Midterm	30%	Chapters 1,2,3,4,5,6,7, required reading, and lecture material	October 15, 2020
Assignment	20%	Lecture based instructions and journal article provided	October 27, 2020
Assignment	20%	Case study and questions provided	December 3, 2020
Final Exam	30%	Chapters 8, 9, 10, 11, 12, 14, 15, & lecture Material	Set by Registrar

Exam guidelines

Exams will be administered via the Quizzes section on D2L. They will be 75 minutes in duration, with an additional 37.5 minutes allotted to accommodate any technology issues that may arise, for a total of 112.5 minutes. Students will be able to write the exam during a 112.5 minute timeframe of their choosing within the 24 hour period of the specified exam day.

Exams in this course are closed book. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams.

Assignment guidelines

The **article review** will consist of an APA-style paper of 7 pages in length (typed, double-spaced, 12-point font, not including a cover page or reference page), which describes (1 to 1.5 pages), and then discusses (5 pages) the methodology, strengths, and limitations of a selected original *research* article, and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Where possible, these strengths and limitations should be tied to the concepts of validity (e.g., internal, external, statistical, clinical) and reliability. In other words, it is not enough to state that a particular aspect of the study is a limitation, you must explain *why* it is a limitation in the context of the properties of a scientifically sound study. Insights in the article review should go beyond those mentioned in the Discussion section of the article. APA formatting will be included as part of the evaluation. Details and a sample APA-style paper are provided here:

<https://owl.english.purdue.edu/owl/resource/560/18/> You will find additional guidance on how to critically evaluate a research study on p. 100 of your textbook. More specific details will be posted on D2L on September 29, 2020 in the form of a recorded lecture that will include a brief exercise, information about grading, and expectations, that students will be required to view as part of the assignment. This assignment should be submitted to the relevant dropbox on D2L by 11:59pm on October 27, 2020. Without instructor approval, late assignments will be penalized 10% per day, including weekends.

The **case study assignment** will involve analysis of a clinical case which incorporates principles learned about assessment and treatment throughout the term and allows for integration of the course material. A specific case description will be provided by November 5, 2020, with several questions to respond to regarding assessment, case formulation, diagnoses, ethical issues, and treatment. Grading of this assignment will be based on quality of question responses (e.g., completeness, comprehensiveness, reference to the literature, critical thinking). This assignment should be submitted to the relevant dropbox on D2L by **11:59pm** on December 3, 2020. Without instructor approval, late assignments will be penalized 10% per day, including weekends.

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary’s reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology course instructors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-). **Please note- grades will not be adjusted based on how close one is to the next letter grade or other reasons (e.g., scholarship funding, future academic plans, performance in other courses).

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date (revise and add columns & rows as necessary)
T Sep 8	<i>University Lectures begin.</i> Course Introduction- Students are welcome to join via live Zoom if desired, will also post recording of Zoom introduction class Chapter 1 A Brief History of Clinical Psychology
R Sep 10	Chapter 1 The Evolution of Clinical Psychology

T Sep 15	Chapter 2 Contemporary Clinical Psychology
R Sep 17	Chapter 2 Contemporary Clinical Psychology <i>Last day to drop a class without financial penalty</i>
F Sep 18	<i>Last day to add or swap a course</i>
T Sep 22	Chapter 3 Classification and Diagnosis
R Sep 24	Chapter 3 Classification and Diagnosis
F Sep 25	<i>Fee payment deadline for Fall Term full and half courses.</i>
T Sep 29	Chapter 4 Research Methods- selected topics Science and Pseudoscience (Reading: Olatunji et al., 2005) Article Critique assignment lecture posted
R Oct 1	Chapter 5 Assessment Overview
T Oct 6	Chapter 6 Assessment Interviewing and Observation
R Oct 8	Chapter 7 Assessment Intellectual and Cognitive Measures
M Oct 12	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
T Oct 13	Chapter 7 Assessment Intellectual and Cognitive Measures
R Oct 15	Midterm Chapters 1, 2, 3, 4, 5, 6, 7 plus reading and lecture material
T Oct 20	Chapter 8 Assessment Self Report, Projective Measures, Risk assessment
R Oct 22	Chapter 8 Assessment Self Report, Projective Measures, Risk assessment
T Oct 27	Chapter 9 Assessment Integration and Clinical Decision making Article Critique Due to D2L drop box by 11:59pm
R Oct 29	Chapter 10 Prevention
T Nov 3	Chapter 11 Intervention Overview
R Nov 5	Chapter 12 Intervention: Adults Case Study Assignment posted
Nov 8-14	Term Break No Classes
W Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
T Nov 17	Chapter 12 Intervention: Adults
R Nov 19	CBT and Third Wave Therapies
T Nov 24	CBT and Third Wave Therapies
R Nov 26	Chapter 14 Intervention: Identifying Key Elements of Change
T Dec 1	Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology Topic
R Dec 3	Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology Topic Case study assignment due to D2L drop box by 11:59pm
T Dec 8	Chapter 15: Specialty Areas in Clinical Psychology: Geropsychology: Guest lecturer- Calandra Spiers, Ph.D.
W Dec 9	Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses.
Dec 12-23	Fall Final Exam Period- Final exam TBD scheduled by registrar

Extra Research Participation Course Credit is Not Offered for this Course.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is Thursday, September 17, 2020.** Last day add/swap a course is **Friday, September 18, 2020.** The last day to withdraw from this course is **Wednesday, December 9, 2020.**

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>