

DEPARTMENT OF PSYCHOLOGY Faculty of Arts

PSYC 433 Clinical Psychology Spring 2016

Instructor: Kristin Newman Lecture Location: SS 006

 Phone:
 403-220-4667
 Lecture Days/Time:
 TR 17:00-19:45

 Email:
 krchampa@ucalgary.ca
 Lab and/or TA info:
 R 12:00-15:50

Office: A06 AD 248

Office Hours: Contact for appt. TA: Emilie Lacroix

Emilie.lacroix@ucalgary.ca

Course Description and Goals

This course is designed to introduce students to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and Psychology 385 – Abnormal Psychology

Required Text

Hunsley, J., & Lee, C.M. (2013). Introduction to Clinical Psychology: An Evidence-based Approach (3rd Edition). New York: J. Wiley and Sons.

Available at University Bookstore. Also available through John Wiley, as an e- Book. (go to http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK).

Course Evaluation

Component	% of Grade	Material	Date
Test 1	15%	Chapters 1-3 & Lecture Material	May 17, 2016
Test 2	15%	Chapters 5-9 & Lecture Material	June 14, 2016
Test 3	15%	Chapters 10, 11, 12, 13, 15	June 30, 2016
		& Lecture Material	
Take home final	25%	Cumulative integration of all	July 4, 2016
		course material	

Each test will consist of multiple choice and short answer written questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. If a test is

missed it can only be made up following the provision of a Physician/ Counselor Statement, otherwise a grade of 0 will be assigned for that exam. iPods, iPads, computers, phones, books or notes are not allowed during in-class tests.

There will be a cumulative take home final exam, posted on D2L that will be due July 4, 2015 at 11:59pm. Late take home exams will penalized at 15% off per day late and will not be accepted after July 6, 2016.

Lab Evaluation:

Component	% of Grade	Date
Individual Presentation	15%	June 16, 23, or 30, 2016- date determined in lab
Participation	5%	All lab dates
Article review	10%	June 9, 2016

The lab component is worth 30% of the final grade. You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignment information. Presentations will be given individually during the last 3 lab sessions and will last approximately 20 minutes. The purpose of these presentations is to develop an understanding of a disorder's features, assessment, and treatment, and will involve presenting on a specific assessment or therapy for a particular disorder. Detailed information on the presentation content will be provided in the lab outline. The presentation is required for the lab, it is not an option. If missed, presentations can only be made up with Physician/Counselors Statements, otherwise a grade of 0 will be assigned for the presentation. The article review will consist of an APA style paper between 5-7 pages which describes and discusses the methodology, strengths and limitations of an original *research* (not a theoretical article) article, and concludes with a discussion of "next steps" in the development of the research described in the article. Students are expected to participate in lab discussions and activities. For every lab, each student will receive marks for participation in class exercises and discussion. More specific details regarding grading and expectations will be discussed in class and posted on D2L. Students must achieve a passing grade on both the class and lab components to pass this course.

Department of Psychology Grade Distribution Policy

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be "A" grades (A+, A, and A-), and 2) up to 40% of grades 400-level psychology courses will be "A" grades.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade. A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: Course standards not met. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
M May 9	Spring term lectures begin.
T May 10	Course introduction
	Chapter 1 The History of Clinical Psychology
	Chapter 2 Contemporary Clinical Psychology
	Chapter 2 Professional Issues and Ethics
R May 12	Chapter 3 Classification and Diagnosis
	Reading: Science and Pseudoscience (Reading: Olatunji et al., 2005, on D2L)
F May 13	Last day to change spring registration
T May 17	Test 1 (Chapter 1-3; pseudoscience reading) 60 minutes
	Chapter 5 Assessment Overview
R May 19	Chapter 5 Assessment Overview
T May 24	Chapter 6 Assessment Interviewing and Observation
	Chapter 7 Assessment Intellectual and Cognitive Measures
May26-Jun5	Congress – No Classes

R May 26	Congress – No Classes
T May 31	Congress – No Classes
R June 2	Congress – No Classes
T June 7	Chapter 7 Assessment Intellectual and Cognitive Measures
	Chapter 8 Assessment Self report and Projective Measures
R June 9	Chapter 9 Assessment Integration and Clinical Decision Making
T June 14	Test 2 (Chapters 5-9) 60 minutes
	Chapter 10 Prevention
	Chapter 11 Theories of Psychotherapy
R June 16	Two topics: (1) values exercises in intervention; (2) sports psychology
	Guest Lecture: Dr. Caelin White
T June 21	Chapter 15 Specialty Areas in Clinical Psychology: Clinical Neuropsychology
	Guest Lecture: Linette Savage, MSc
R June 23	Chapter 12 (pgs 429-451), Chapter 14
	Psychotherapy Research/Key Elements of Change
	Adult Psychotherapy
	Third Wave Therapies
T June 28	Third Wave Therapies continued
	Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology topic
R June 30	Test 3 (Chapters 10-12, 14, 15; guest lecture) 60 minutes
July 2-4	Spring Term Registered Final Exams- Take home final due July 4, 2016

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/.

Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor.

The full policy on Student Accommodations is available at http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy_0.pdf.

Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed **Physician/Counselor Statement will be required** to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam date. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred final. Under no circumstances will this be accommodated by the department.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be

accommodated by the department.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 255), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in departmentally approved research and earn credits toward their final grades. A maximum of two (2) credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at http://ucalgary.sona-systems.com

The last day to participate in studies and to assign or reassign earned credits to courses is June 30th, 2016.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

http://www.ucalgary.ca/emergencyplan/assemblypoints

Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic:Phone: 403-220-3911suvpaca@ucalgary.caStudent Union Faculty Rep.:Phone: 403-220-3913socialscirep@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (http://www.ucalgary.ca/provost/students/ombuds)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and still receive a tuition fee refund and the last day for registration/change of registration is May 13, 2016. The last day to withdraw from this course is June 30, 2016.