

Psychology 433 (L01)	Introduction to Clinical Psychology	Winter 2013
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Instructor:	Keith S. Dobson, Ph.D.	Lecture Location:	Administration 253
Phone:	403- 220-5096	Lecture Days/Time:	MW 12:00- 13:15
Email:	ksdobson@ucalgary.ca	Appointments:	Flexible, by appointment
Office:	Administration 233A		

Labs (Admin 248):	Date and Time:	Lab TA:	Email:
1	T 15:30- 17:20	Kristin Newman	kristinnewman@shaw.ca
2	R 15:30- 17:20	Irene Liu	iliu@ucalgary.ca

Course Description and Goals

This course is designed to introduce the student to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and
Psychology 385 – Abnormal Psychology

Required Text

Hunsley, J., & Lee, C. M. (2010). *Introduction to Clinical Psychology: An Evidence-based Approach (2nd Edition)*. New York: J. Wiley and Sons. Available at University Bookstore. Also available through John Wiley, as an e-Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP001044.html?filter=TEXTBOOK>). Note that this book has been used previously and may be available in the used book store.

Evaluation

Lecture Components:

Component	% of Grade	Material	Date
Midterm Exam	30%	Chapters 1- 9 & Lecture Material	February 25
Final Exam	30%	Chapters 10- 15 & Lecture Material	Scheduled by Registrar
Article Review	10%	Research Article	Due in class by March 13

Exams will consist of short answer and written answer questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. The final exam will be non-cumulative and will only consist of material covered after the midterm. If an exam is missed it can only be made up following the provision of a Physician/ Counselor Statement, otherwise a grade of 0 will be assigned for that exam. The article review will consist of a paper of between 5 and 7 pages in length plus a cover page (typed, double spaced, 12-point font), which describes (1 page maximum), and then discusses (3- 5 pages) the methodology, strengths and limitations of an original *research* (not a theoretical article) article, and concludes with a one page

discussion of possible “next steps” in the development of the research described in the article. Choose any article from a current (defined as since 2010) issue of the following journals: *Journal of Consulting and Clinical Psychology*, *Psychological Assessment*, *Behaviour Research and Therapy*, or the *British Journal of Clinical Psychology* (all are available on line through OVID), and submit the article with your review. This paper is due in your class on or before **March 13, 2013**. Late assignments will be accepted and should be put in the green box outside A275, however, the penalty will be 10% per day, including weekends. E-mailed article reviews will not be accepted.

Lab Components: Component	% of Grade	Date
Thought Paper	10%	Due in your lab session by the end of the March 25 week.
Individual Presentation	15%	As arranged in lab
Participation and attendance	5%	Throughout the term

You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignments. The thought paper will consist of a brief paper of between 5 and 7 pages in length (typed, double spaced, 12-point font), which reflects your *own* thoughts about, or reactions to the one or more of the topics presented in the laboratory. References, including empirical papers or books are welcome, but internet references (e.g. Wikipedia; Google Scholar) should not be used. Papers are due at the beginning of the lab and should be given or emailed to the teaching assistant (TA). Late assignments will be accepted and should be put in the green box outside of A275, however, the penalty will be 10% per day, including weekends. E-mailed thought papers will be accepted, with the same time constraints.

Presentations will be given individually during the last 4 lab sessions and will last approximately 15-20 minutes (final amounts will be discussed in lab). The presentation is required for the lab, it is not an option. Presentations if missed can only be made up with Physician/Counselors Statements, otherwise a grade of 0 will be assigned for the presentation.

Students are expected to attend labs regularly and to participate in discussions. For every lab, each student will receive a mark for participation in class exercises and discussion. Normally students will not be able to make up marks for missed labs. More specific details regarding grading and expectations will be discussed in class and posted on Blackboard. Students must achieve a passing grade on both the class and lab components to pass this course.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Lecture Schedule

Date	Activity
T Jan 8	Winter Term lecture begins
W Jan 9	Introductions and Organization of the Course. The History of Clinical Psychology; Chapter 1
M Jan 14	The History of Clinical Psychology; Chapter 1

W Jan 16	Contemporary Clinical Psychology; Chapter 2
F Jan 18	Last day to drop course and receive a tuition fee refund.
M Jan 21	Professional Issues in Clinical Psychology; Chapter 2 Last day for registration/change of registration.
W Jan 23	Classification and Diagnosis; Chapter 3
M Jan 28	Classification and Diagnosis; Chapter 3
W Jan 30	Research Methods; Chapter 4
M Feb 4	Assessment: Overview and Interviewing and observation: Chapter 6
W Feb 6	Assessment: Intellectual and Cognitive measures: Chapter 7
M Feb 11	Assessment: Self-report and Projective Measures: Chapter 8
W Feb 13	Assessment: Integration and Clinical Decision- making: Chapter 9
M Feb 18	Family Day. No Lecture. University Closed.
W Feb 20	Reading Week. No Lecture
M Feb 25	Midterm Examination
W Feb 27	Intervention research: Prevention, intervention, relapse prevention: Chapter 10
M Mar 4	Psychotherapy Research: Chapter 14
W Mar 6	Psychotherapy Processes: Chapter 14
M Mar 11	Theories of Psychotherapy: Chapter 11
W Mar 13	Adult Psychotherapy: Chapter 12 Research article review due.
M Mar 18	Adult Psychotherapy: Chapter 12
W Mar 20	Couples and Sex Therapy : Chapter 12
M Mar 25	Child and Adolescent Psychotherapy: Chapter 13 Thought paper due in lab this week.
W Mar 27	Family Therapy: Chapter 13 Clinical Gerontology
M Apr 1	Clinical Health Psychology: Chapter 15
W Apr 3	Clinical Neuropsychology: Chapter 15
M Apr 8	Forensic Psychology: Chapter 15
W Apr 10	Community Mental Health Issues
M Apr 15	The future of Clinical Psychology: Chapter 15
T Apr 16	Winter Term Lectures End. Last day to withdraw from courses. Last day to obtain research participation credits.
F Apr 19-30	FINAL EXAMINATION- Winter Term Exam Period Actual date will be assigned by Registrar

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, test) has been unfairly graded, may have the work re-graded. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the Department of Psychology, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the Faculty of Arts within 15 days of the unfavorable decision, which clearly and fully states the decision being appealed, the grounds for appeal, the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/ Cheating/ Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From a Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/ Counselor Statement will be required to confirm absence from an exam or other assignment for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss an exam or other assignment have 48 hours to contact the instructor and to schedule a makeup evaluation. Students who do not schedule a makeup evaluation with the instructor within this 48-hour period forfeit the right to a makeup evaluation. At the instructor's discretion, a makeup evaluation may differ significantly (in form and/or content) from a regularly scheduled test/ exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup evaluation must be written within 2 weeks of the missed test/exam.

Freedom of Information and Protection of Privacy (FOIPP) Act

The FOIPP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/ lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **April 16, 2013**.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>. The nearest assembly point for this course is the Food Court of the Social Sciences Building, and the secondary point is the Food Court of the ICT Building.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: Phone: 403-220-3913 socialscirep@su.ucalgary.ca

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **January 18, 2013**. Last day for registration/change of registration is **January 21, 2013**. The last day to withdraw from this course is **April 16, 2013**.