

**PSYC 475 (LEC02)****Drugs and Behaviour****Fall 2015**

<b>Instructor:</b>	Dr. Simon Spanswick	<b>Lecture Location:</b>	CHF 214
<b>Phone:</b>	403-220-4948	<b>Lecture Days/Time:</b>	TR 11:00-12:15
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<b>Office Hours:</b>	Email me to arrange a convenient time		

**Course Description and Goals**

The aim of this course is to provide an insight into the mechanisms whereby drugs exert their action on the central nervous system to influence biochemical, physiological and behavioural processes.

**Prerequisites**

Psychology 312 – Experimental Design and Quantitative Methods for Psychology  
Psychology 375 – Brain and Behaviour

**Required Text**

*Julien's Primer of Drug Action: A Comprehensive Guide to the Actions, Uses, and Side Effect of Psychoactive Drugs* (13<sup>th</sup> Edition), Advokat CD, Comaty JE, Julien RM (2014), Worth Publishers. The text is available from the university bookstore

**Evaluation**

Brief Reports (2 total):	10%
Midterm (Ch. 1-7; October 27 <sup>th</sup> ):	30%
Research Proposal (November 17 <sup>th</sup> ):	5%
Term Paper (December 8 <sup>th</sup> ):	20%
Final Exam (Ch. 8-16; scheduled by the registrar):	35%

There are 2 exams for this course; the midterm will consist of multiple choice and short answer questions. Questions will be drawn from lecture material, the assigned textbook chapters, and any supplementary reading materials. The midterm will be held on **October 27<sup>th</sup>** and is worth 30% of your final grade. The final exam will be scheduled by the registrar and is worth 35% of your final grade, it will include multiple choice and short answer questions. **The final exam will NOT be cumulative.** Exams will be graded such that half marks will be given if it is clear that you know the general answer, but have omitted specific details or scientific terms. Full marks will be given to those that include specifics, and

employ the correct terminology and concepts. **No books, notes, computers, calculators, or cellular phones will be allowed during exam writing.**

There are 2 brief reports to be completed during the term, each worth 5% of your final grade. The first will be assigned in class on September 22<sup>nd</sup> and will be due at the beginning of class on **September 29<sup>th</sup>**. The second will be assigned in class on October 12<sup>th</sup> and will be due at the beginning of class on **October 20<sup>th</sup>**. Each brief report will require a maximum of 2 double-spaced pages, not including references.

The research proposal is due on **November 17<sup>th</sup>** at the beginning of class, and is worth 5% of your final grade. The research proposal should briefly discuss the topic that you have chosen for your term paper (see below). It should be written in 12-point font and be double-spaced. Your research proposal should be a maximum of 2 pages in length (not including references), and include 3-5 references.

The term paper is to be written on a topic of your choosing within the field of behavioural pharmacology. It is due at the beginning of class on **December 8<sup>th</sup>**. It can be a maximum of 15 double spaced pages, not including references. As with the research proposal, it should be written in 12 point font, and include a reference section. The brief reports, research proposal, and the final paper will be graded according to two criteria:

1. **Content (80%):** The accuracy and comprehensive nature of information presented, in addition to the amount of research you have done, make up the available marks for this section of the term paper grade.
2. **Presentation (20%):** Grammar, organization of the paper (including references), clarity of writing, as well as other skills pertaining to written English will make up the available marks for this section of the term paper grade.

**All written assignments are to be handed in at the beginning of class in paper format.** For the brief reports, research proposal, and term paper, **there will be a reduction of one letter grade (e.g. A to A-) for each 24h interval that the given assignment is late, including weekends.**

#### **Department of Psychology Grade Distribution Policy**

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be "A" grades (A+, A, and A-), and 2) up to 40% of grades 400-level psychology courses will be "A" grades.

#### **Department of Psychology Criteria for Letter Grades**

Psychology professors use the following criteria when assigning letter grades:

*A+ grade: Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

*A, A- Range: Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

### Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

### Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date (revise and add columns & rows as necessary)
T Sep 8	Lecture begins. Introduction to the course.
R Sep 10	Review (Chapter 1)
T Sep 15	Pharmacokinetics (Chapter 2)
R Sep 17	Pharmacokinetics (Chapter 2)
F Sep 18	Last day to drop full courses (Multi-term) and Fall Term half courses. No refunds for full courses (Multi-term) or Fall Term half courses after this date.
M Sep 21	Last day to add or swap full courses (Multi-term) and Fall Term half courses. Last day for change of registration from audit to credit or credit to audit.
T Sep 22	Pharmacodynamics (Chapter 3)
R Sep 24	Pharmacodynamics/Addiction (Chapter 3/4)
F Sep 25	Fee payment deadline for Fall Term full and half courses.
T Sep 29	<b>Brief Report #1 due (5% of final grade)</b> , Addiction (Chapter 4)
R Oct 1	Addiction (Chapter 4)

T Oct 6	Alcohol (Chapter 5)
R Oct 8	Alcohol/Inhalants (Chapter 5)
M Oct 12	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
T Oct 13	Caffeine/Nicotine (Chapter 6)
R Oct 15	Nicotine (Chapter 6)
T Oct 20	<b>Brief Report #2 due (5% of final grade)</b> , Psychostimulants (Chapter 7)
R Oct 22	Psychostimulants (Chapter 7)
T Oct 27	<b>Midterm (30% of final grade)</b>
R Oct 29	Psychedelics (Chapter 8)
T Nov 3	Psychedelics/Cannabis (Chapter 8,9)
R Nov 5	Cannabis/Opioids (Chapter 9,10)
T Nov 10	Opioids (Chapter 10)
Nov 11-15	Reading Days. No lectures.
W Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
R Nov 12	Reading Days. No lectures.
T Nov 17	<b>Research Proposal due (5% of final grade)</b> , Antipsychotics (Chapter 11)
R Nov 19	Antipsychotics/Antidepressants (Chapter 11, 12)
T Nov 24	Antidepressants (Chapter 12)
R Nov 26	Sedatives and Anxiolytics (Chapter 13)
T Dec 1	Sedatives and Anxiolytics (Chapter 13)
R Dec 3	Child Psychopharmacology (Chapter 15)
T Dec 8	Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses. <b>Term paper due (20% of final grade)</b> , Geriatric Psychopharmacology (Chapter 16)
Dec 11-22	Fall Term Exam Period.

### Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

### Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular

course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

### **Academic Accommodation**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services ; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/).

Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor.

The full policy on Student Accommodations is available at [http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy\\_0.pdf](http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy_0.pdf).

Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

### **Absence From A Test/Exam**

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot make write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam [http://www.ucalgary.ca/registrar/exams/deferred\\_final](http://www.ucalgary.ca/registrar/exams/deferred_final). Under no circumstances will this be accommodated by the department.

### **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot make write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam [http://www.ucalgary.ca/registrar/exams/deferred\\_final](http://www.ucalgary.ca/registrar/exams/deferred_final). Under no circumstances will this be accommodated by the department.

### **Freedom of Information and Protection of Privacy (FOIP) Act**

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 255), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Dec 8, 2015**

### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>  
Please check this website and note the nearest assembly point for this course.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suyaca@ucalgary.ca](mailto:suypaca@ucalgary.ca)  
**Student Union Faculty Rep.:** Phone: 403-220-3913 [socialscirep@su.ucalgary.ca](mailto:socialscirep@su.ucalgary.ca)

### **Student Ombudsman's Office**

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or [ombuds@ucalgary.ca](mailto:ombuds@ucalgary.ca) (<http://www.su.ucalgary.ca/services/student-services/student-rights.html>).

### **Safewalk**

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.  
Call 403-220-5333.

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is September 18, 2015**. Last day for registration/change of registration is **September 21, 2015**. The last day to withdraw from this course is **December 8, 2015**.

