



**Department of Psychology**  
**Psychology 203 (L01) – Psychology for Everyday Life**  
**Fall 2011 – Course Outline**

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<b>Instructor:</b>	Dr. Rose Joudi Kadri	<b>Lecture Location:</b>	ST 148
<b>Phone:</b>		<b>Lecture Days/Time:</b>	TR 17:00 – 18:15
<b>Email:</b>	rjoudi@ucalgary.ca		
<b>Office:</b>	Admin 257D		
<b>Office Hours:</b>	Tues/Thurs 3-4pm		

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### **Course Description and Goals**

This course has been designed especially for non-Psychology majors. Its purpose is to provide students with an understanding of the key theories, research methods, and discoveries of psychology, with an emphasis on developing the knowledge and skills necessary to be effective consumers of psychological theory and research. Through a focus on issues that arise in everyday life, this course will demonstrate some of the ways in which psychology can be of use to students in their personal and professional lives.

Areas of focus in this course include:

- Psychology as a biological and social science
- the areas where psychology can be applied to an understanding of everyday life
- current theories and approaches for understanding human behaviour and mental health
- the research tools and methods used in psychology and the critical thinking skills they support

**Note: PSYC 203 does not count toward the minimum requirements for the Major or Honours in Psychology. PSYC 205 (Principles of Psychology) is the prerequisite course for all psychology courses except Psychology 305. PSYC 203 cannot be used in place of PSYC 205.**

### **Prerequisites**

There are no prerequisites required to take this course.

### **Required Text**

Feldman, R.S., Mae, L., Majors, M., Morrissey, J., & Renner, T. (2011). *PsychSmart*, New York, NY: McGraw-Hill. (available in the University bookstore)

### **Course Website**

The course website is located on blackboard: <https://blackboard.ucalgary.ca/webapps/login/>.

## Evaluation

### **Class tests and final exam (3 tests + 1 exam x 24% each = 96% of final grade)**

There are three class tests (**Oct. 6, Oct. 27, Nov. 24**) and a final exam (to be written during the final exam period) scheduled for this course. Each test is worth 24% of your mark and will cover text and lecture material (including films and other demonstrations). Tests 1 and 2 are non-cumulative, however, material from Test 3 will be part of the final exam as well. All tests will consist of multiple-choice questions (max. total = 96% of your mark). Please see the Lecture Schedule to determine what topics will be covered on each test.

### **Experiential-Learning/Article-Evaluation Course Component (4% of final grade)**

This experiential-learning/article-evaluation component provides enriched learning opportunities in this introductory course. You can complete this component by participating in research studies (Option 1: Research Participation), by completing 1-page article evaluations from a designated list (Option 2: Article Evaluations), or by a combination of the two options. Thus, you will learn more about psychology by taking part in research studies and/or by reading and evaluating articles from a psychological perspective.

**Option 1: Research Participation.** Students can complete this course component by creating an account and participating in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. Each study will be followed by an educational debriefing experience. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. **The last day to participate in research and allocate credits is Dec 9<sup>th</sup>, 2011.**

**Option 2: Article Evaluations.** Students can complete this course component by reading and evaluating articles. Students earn 1% (1 credit) for each acceptable evaluation. Students can submit only one evaluation per due date (**September 23, October 14, November 4, November 25, 2011**). Please consult the Blackboard for this course for more information about this option.

**Option 3: Combinations of Options 1 and 2.** Students can complete this course component through any combination of Options 1 and 2 (e.g., 3% through Option 1 and 1% through Option 2, or vice versa). Given that each article evaluation counts for 1%, students who complete, for example, 2.5% through Option 1 would need to complete two evaluations to successfully complete all 4% of this course component. As mentioned under Option 2, students can only submit one article evaluation per due date. Thus, students who opt to combine Options 1 and 2 must plan ahead carefully.

### **Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded to 90% = A, but 89.4% will be rounded down to 89% = A-).

## Tentative Lecture Schedule

Date	Topic	Reading
T Sep 13	Course introduction	
R Sep 15	Introduction to Psychology	Ch. 1
T Sep 20	Research Methods in Psychology	Ch. 1
R Sep 22	The Brain*	Read Ch 2. In textbook + additional readings
F Sep 23	<b>Last day to drop a course with no W grade and tuition refund.</b>	
M Sep 26	<b>Last day for registration/change of registration.</b>	
T Sep 27	The Brain*	
R Sep 29	Learning	Ch. 5
T Oct 4	Video: TBA	
R Oct 6	<b>Test 1 (Everything covered thus far)</b>	
T Oct 11	Memory	Ch. 6
R Oct 13	Thinking, Language, and Intelligences	Ch. 7
T Oct 18	Thinking, Language, and Intelligences	Ch. 7
R Oct 20	Personality	Ch. 10
T Oct 25	Personality	Ch. 10
R Oct 27	<b>Test 2 (Everything covered after Test 1)</b>	
T Nov 1	Development	Ch. 9
R Nov 3	Video: TBA	
T Nov 8	Clinical Assessment, Mental Health & Mental Disorders*	External Readings
T Nov 10	<b>Reading Days. No lecture.</b>	
T Nov 15	Clinical Assessment, Mental Health & Mental Disorders*	
R Nov 17	Psychological disorders and treatments	Ch. 12
T Nov 22	Psychological disorders and treatments	Ch. 12
R Nov 24	<b>Test 3 (Everything covered after Test 2)</b>	
T Nov 29	Social psychology	Ch. 13
R Dec 1	Social psychology	Ch. 13
T Dec 6	Video: TBA	
R Dec 8	Course Recap; Q&A.	
F Dec 9	<b>Last day to participate in research and allocate research credits. Last day to withdraw.</b>	
<b>FINAL EXAMS 12<sup>th</sup> – 21<sup>st</sup> December Chapters covered from Test 3 onwards</b>		

## **Reappraisal of Grades**

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

## **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

## **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

## **Absence From A Test/Exam**

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

## **Freedom of Information and Protection of Privacy (FOIP) Act**

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and

assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

<http://www.ucalgary.ca/emergencyplan/assemblypoints>

Please check this website and note the nearest assembly point for this course.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

<b>Student Union VP Academic:</b>	Phone: 403-220-3911	<a href="mailto:suvpaca@ucalgary.ca">suvpaca@ucalgary.ca</a>
<b>Student Union Faculty Rep.:</b>	Phone: 403-220-3913	<a href="mailto:socialscirep@su.ucalgary.ca">socialscirep@su.ucalgary.ca</a>

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Sep 23<sup>rd</sup>, 2011**. Last day for registration/change of registration is **Sep 26<sup>th</sup>, 2011**. The last day to withdraw from this course is **Dec 9<sup>th</sup>, 2011**.