

Department of Psychology Psychology 305 (L01) – History of Psychological Thought Winter 2019

Instructor: Dr. Hank Stam Lecture Location: SA 129

Phone: (403) 220-5683 **Lecture Days/Time:** TuTh 14:00-15:15

Email: stam@ucalgary.ca

Office: AD 251C **Office Hours:** T 15:30-16:30

We acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Description and Goals

The calendar gives you the following description, "The roots of psychological thought in Western culture, and the relationship between theories of human nature and changing social institutions." That description could easily fill an encyclopedia, so let's break it down.

This course is a history of psychological thought and concentrates on the North Atlantic world (i.e., Europe and North America). Although it is not *directly* a history of the *discipline* of psychology per sé, our aim is to conclude the course by examining the emergence and structure of the discipline of psychology and its unique place in the contemporary world. It is not so much a search for *antecedents* and *forerunners* of psychology that will occupy us because a search for antecedents already assumes that what we know in the present is the best possible knowledge. This leads us to treat the past as a mere prologue to some better understanding that is manifested in present-day knowledge. In that case the study of the past would largely be concerned with trivia or remain of antiquarian interest. We are not interested in a museum tour. Instead we will want to know how thinking about human nature involves ways of living and hence the practical everyday conduct of life is tied up with our knowledge of ourselves. Ultimately, this is a course that tries to answer the question: what is psychology?

This course is thus concerned with thinkers, scholars, scientists and social movements and how these interweave to produce unique positions on the problems of (a) the nature of the *universe*, (b) the nature of *life*, and in particular (c) the nature of the *human*. In moving to the twentieth-century we will want to concern ourselves with the relationship between theories of human nature and changing *social institutions* as the latter are important sources and places for trying to understand what theorists thought was of value in understanding mind and what constituted conduct. We will limit ourselves to what has traditionally been called "western" thought beginning with early European thought and ending with twentieth-century psychologists. We will cover only *some* of the important developments along the way, namely those that are viewed as major turning points for the understanding of human nature. There is much that will by necessity have to be left out, but I will try to give what we do cover a level of coherence. Ultimately it is your task to make sense of the history of how we have tried to make sense of this strange and wonderful thing we call human nature.

Psychology 305 Course Outline 2

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Demonstrate knowledge of historical positions over	Midterms and	1,5	С
the time covered in the course	Final Exam		
Assess and critically evaluate historical ideas and	Midterms and	1,2,4,5	С
trends from a variety of perspectives	Final Exams, Key		
	Questions		
Formulate positions on important questions in the	Key Questions	1, 2	С
history of mind and human action			
Analyze and integrate multiple historical sources and	Final Exam	1,2	С
issues in the history of psychology			
Articulate positions of major psychological theories in	Debate	7	С
novel ways			

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advance

University of Calgary Curriculum Objectives: This course is directly relevant to the core competencies. We will be engaged in addressing historical perspectives and theoretical frameworks that form the foundations of critical and creative thinking in the discipline and that are focused on the analysis of problems at a foundational level. Much of this will require exposure to, and mastery of, abstract reasoning. The tests and assignment you will complete are designed to require you to engage in effective communication strategies and will require that you gather and organize information effectively. It is expected that this course will generate insight into how knowledge is produced, how psychological knowledge came into existence as a separate category of knowing, and it will enhance your interpretive and assessment skills with respect to the evaluation of knowledge claims.

Prerequisites: Psychology 200 and 201

Psychology 305 Course Outline 3

Required Text: John Benjafield (2010). *A History of Psychology* (4th edition). Oxford University Press.

Course Notes: All class notes will be posted on D2L for which you are automatically registered if you are registered in this class. You can find our 305 notes by logging into D2L.

Assessment Methods:

Your total grade will be based on three midterm exams (written), key questions, and a final exam. Midterms will be held as follows:

- 1. Midterm I: Tuesday, February 5 (15% of final grade)
- 2. Midterm II: Thursday, March 14 (20% of final grade)

No resources allowed for these exams.

These midterms will consist of written responses to short answer questions on the material covered immediately prior to the test. The first test is worth less to give you some experience with the nature of these tests. Please do not ask me to discount earlier tests in favor of later tests as this will not be done.

The Midterms will be written in the *first 40 minutes* of the class. The remaining time will be devoted to regular class time.

3. The Great Debate: Thursday, April 11 (25% of final grade)

Psychology in the 20th century was dominated by three great movements and one movement that influenced it from without: Behaviorism, Cognitivism, Humanism, and Psychoanalysis. All of these have left their traces on contemporary psychology. In the final class we will have a one-and-a-half hour debate between these four positions. You must divide yourself into four teams and prepare accordingly. Your teams will be made up of three debaters each plus others who will prepare material – more details will be provided after the first two weeks of class. By October 10 I will want you to decide which team you will join. We will discuss this further in class, and I will coach all teams prior to the event itself. There will be two scores for each team, a team score and an individual score. The team score is dependent on the accuracy and thoroughness of the historical research presented, the quality of the rebuttal in the other team's arguments, the ability to defend position, and organization and clarity of arguments. The individual scores will be based on presentation style and capacity to respond to others' arguments. In addition, for those not speaking, the score will be based on the clarity and comprehensiveness of submitted material.

4. Each week there will be a "Key Question" presented in class for the next class. This is a discussion question that you will take up with others in brief group discussions every class. Two of these discussions will have to be handed in during the term for 5% each (total, 10%). That is,

you will answer the 'key question' following the class discussion and hand in your answer the next week. Any ideas not your own should be properly referenced. I will be looking for evidence of your ability to critically evaluate the question, use historical evidence appropriately and construct a coherent response without grammatical or spelling mistakes. It should not be longer than 500 words and can be handed in during any week from January 15 to April 11. Note that you cannot hand in questions after the fact, that is, if a question say, is discussed in class on January 17 then your write-up of this question can be handed in **only** on January 24 and will **not** be accepted at a later date. There are no provisions for "missed submissions" since you will have 12 opportunities to hand in 2 assignements. All Key Questions must be handed in as **hard copy** only in class.

5. Final Exam: A take-home final exam will be given to you in the last class of term, April 11. You will have exactly one week to complete this final exam and hand it in (30% of final grade) and you may use whatever resources are available to you so long as you cite the material properly (see "Plagiarism" below). Since this is a final exam, there will be no extensions given unless approved documentation is provided. In that case instructor will decide in consultation with student on extension or deferral. The final exam must be handed in electronically on D2L.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

The final percentage obtained in the course will be assigned according to the following scale:

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Winter 2019 – Lecture Schedule

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Date	Topic/Activity/Readings/Due Date		
R Jan 10	What is history? What is the history of psychology?	Chapter 1	
T Jan 15	The Hellenistic and Roman Worlds	Chapter 1	
R Jan 17	Plato and Aristotle, towards the Middle Ages	Chapter 2	
	Last day to drop Winter Term half-courses.		
F Jan 18	Last day to add or swap Winter Term half courses.		
	Last day for change of registration from audit to credit or ca	redit to audit.	
T Jan 22	Medieval Thought	Chapter 2	
R Jan 24	From Descartes to the 19 th Century	Chapter 3	
F Jan 25	Tuition Fee Deadline		
T Jan 29	Darwin and the new sciences	Chapter 3	
R Jan 31	The Nineteenth Century	Chapter 4	
T Feb 5	First Midterm & Sciences of Mind preceding Psychology	Chapter 4	
R Feb 7	Wilhelm Wundt	Chapter 5	
T Feb 12	German Origins of Psychology	Chapter 5	
R Feb 14	Freud and the Therapeutic Revolution	Chapter 7	
Feb 17-24	Reading Week. No lectures. University open (except Family	Day).	
	Alberta Family Day, University closed (except Taylor Family	Digital Library, Law,	
	Medical, Gallagher and Business Libraries). No lectures.		
T Feb 26	Psychologies of the Unconscious	Chapter 7	
R Feb 28	William James and Consciousness	Chapter 6	
T Mar 5	American Psychology gets its start	Chapter 6	
R Mar 7	Psychology of Adaptation: Structure or Function?	Chapter 8	
T Mar 12	Precursors to Behaviorism	Chapter 8 & 9	
R Mar 14	Second Midterm & Behaviorism	Chapter 9 & 12	
T Mar 19	Gestalt Psychology	Chapter 10	
R Mar 21	Social Psychology	Chapter 10	
T Mar 26	Developmental Psychology	Chapter 13	
R Mar 28	Developmental Psychology	Chapter 13	
T Apr 2	Humanistic Psychology	Chapter 14	
R Apr 4	Cognitive Psychology	Chapter 15	
T Apr 9	Cognitive Psychology & The Future of Psychology	Chapter 15 & 16	
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R Apr 11	Debate day & Final Exam Handed Out
F Apr 12	Winter Term Lectures End.
	Last day to withdraw from full courses and Winter Term half courses.
Apr 15-27	Winter Term Final Examinations.

Reappraisal of Graded Term Work http://www.ucalgary.ca/pubs/calendar/current/i-2.html

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the paper re-graded as follows. The student shall discuss the work with the instructor within fifteen days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Director of Undergraduate Studies who will arrange for a reassessment of the work within the next fifteen days. Students in faculties without a departmental structure should take the matter to the dean or the associate/assistant dean (Academic/Student Affairs) of the faculty offering the course. The result of that reassessment should be given to the student in writing. The reappraisal of term work may cause the grade to be raised, lowered or to remain the same.

Reappraisal of Final Grade http://www.ucalgary.ca/pubs/calendar/current/i-3.html

In the reappraisal of a final grade, the only element that will be considered is the grading of the final assessment that makes up the final mark (e.g., final examination, final project, final paper). An exception may occur when the Instructor of Record evaluates a piece of graded term work at the end of the term; that grade may also be considered in a reappraisal of final grade.

A student wishing a reappraisal of a final grade should first attempt to review the final assessment with the department or faculty offering the course. After which, the student shall obtain a Reappraisal of Final Grade form from ucalgary.ca/registrar (under Student Forms). Students must indicate exactly what error was made in marking the final assessment and/or in computing the final grade. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected.

Students wishing a reappraisal of a final grade (excluding Law courses) must submit their request by the following dates:

Winter Term - June 30

Supplemental Examinations: 30 calendar days from the date the examination was written

The reappraisal form shall be submitted to Enrolment Services who will forward it to the department head or dean of the faculty offering the course. Reappraisals of final grades are dealt with by the head of the academic unit in consultation with members of academic staff. Normally, the department/faculty will respond to a reappraisal request within thirty calendar days of its initiation. After the reappraisal is completed, the department shall return the form to the Registrar's Office who shall inform the student in writing of the decision. Students should be aware that the grade being reappraised may be raised, lowered or remain the same. A student may request a reappraisal of final grade only twice in one academic year (September 1 – August 31).

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual Honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodations

The student accommodation policy can be found

at: ucalgary.ca/access/accommodations/policy.

Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam https://www.ucalgary.ca/pubs/calendar/current/n-1.html. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam during exam makeup hours provided by the department http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam https://www.ucalgary.ca/registrar/exams/deferred-exams.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam https://www.ucalgary.ca/registrar/exams/deferred-exams. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Wellness and Mental Health Resources

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, https://www.ucalgary.ca/wellnesscentre/services/mental-health-services) and the Campus Mental Health Strategy website (https://www.ucalgary.ca/mentalhealth/).

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at http://ucalgary.sona-systems.com. The last day to participate in studies and to assign or reassign earned credits to courses is April 12, 2019.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at http://www.ucalgary.ca/emergencyplan/assemblypoints

Please check this website and note the nearest assembly point for this course.

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Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic:Phone: 403-220-3911suvpaca@ucalgary.caStudent Union Faculty Rep.:arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (http://www.ucalgary.ca/provost/students/ombuds)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and still receive a tuition fee refund is January 17, 2019. Last day for registration/change of registration is January 18, 2019. The last day to withdraw from this course is April 12, 2019.