



UNIVERSITY OF
CALGARY

Department of Psychology
Psychology 353 (L01) – Psychology of Aging
Winter 2009

Instructor: Rose Joudi Kadri
Email: rjoudi@ucalgary.ca
Office: Admin 257D
Office Hours: By Appointment

Lecture Location: SA 106
Lecture Days: MWF
Lecture Time: 10 – 10.50am

Course Blackboard Site: blackboard.ucalgary.ca

Grading TA: Nicole Percival
Email: nicole.percival@ucalgary.ca
Office Hours: TBA
Office: TBA

Please read the entire course outline as many questions that you may have about the course are usually addressed in the outline.

Please Note: If you register in this course you agree to be available to write the final exam that will be scheduled between April 20th – 30th by the Registrar's Office.

Course Description and Goals

Upon completion of this course you should have a good understanding of the psychological, biological, and sociological perspectives to the aging process. One main objective of this course is to acquire a class atmosphere that fosters discussions on the aging process. Aside from having an increased knowledge of the aging process, it is anticipated that by the end of the course you will have increased your ability to think about aging issues in a critical manner. It is also anticipated that this course will exercise your reasoning skills in an insightful and logical manner. This course also Examines theory and research related to psychological processes during adulthood and aging. Topics may include life-span developmental theories and methods; biological processes; sensory, perceptual and cognitive processes; personality and social processes; life transitions, mental health issues; and dying.

Required Text

Cavanaugh, J. C. & Blanchard-Fields, F. (4th Edition). Adult Development and Aging. Brooks/Cole.

Or

Cavanaugh, J. C., Blanchard-Fields, F. & Norris, J. (1st Canadian Edition). Adult Development and Aging. Thomson/Nelson.

Lectures are intended to highlight and extend (not summarize) the material in each chapter. Students are encouraged to ask questions and/or provide comments during the lectures as class discussions enhance learning. Students are responsible for the material covered in all lectures, videos, and textbook readings. *Please note that you are encouraged to make arrangements with another student for class information that you may have missed due to absenteeism.*

Lecture Materials

Portions of the lecture materials may be posted on Blackboard at the instructor's discretion. Borrow missed notes from a classmate.

Blackboard: <https://blackboard.ucalgary.ca/webapps/login>

Communicating with the Instructor

Given the numerous students in the course I find that face-to-face communication is more personal and seems to work well, especially when you have questions about the course material. I will try to respond to emails, however please try an email me or see me in class to make an appointment to ask questions about the course material.

Evaluation

The course will consist of two term tests, two in-class quizzes and a final exam. Test one and two are worth 25% each and consist of multiple-choice questions. The in-class quizzes are worth 5% each and will be a choice of three questions in which you will answer only one of them. These questions relate to the chapters in the book that we would have already covered in the lectures. The final exam is worth 40% of your grade, and will consist of a selection of multiple choice questions and short answer questions. The term tests and final exam are non-cumulative.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (i.e., 89.5% will be rounded up to 90%; 89.4% will be rounded down to 89%, etc.).

Lecture Schedule

Week	Date	Topic	Chapter
1	M Jan 12	Introduction/Course Overview	
	W Jan 14	Introduction to Adult Development & Aging	1
	F Jan 16	Introduction to Adult Development & Aging	1
2	M Jan 19	Demography	1
	W Jan 21	Demography	1
	F Jan 23	Research Methods <i>Last day for registration and change of registration. No fee refunds after today.</i>	1
3	M Jan 26	Research Methods	1
	W Jan 28	Physical Changes	2
	F Jan 30	Physical Changes	2
4	M Feb 2	Longevity, Health & Functioning	3
	W Feb 4	Longevity, Health & Functioning	3
	F Feb 6	Mental Health	4
5	M Feb 9	Mental Health	4
	W Feb 11	In-Class Quiz	Ch 1-4
	F Feb 13	Video	

6	M Feb 16	Alberta Family Day – No classes	
	W Feb 18	Reading Week – No classes Feb 15-22	
	F Feb 20	Reading Week – No classes Feb 15-22	
7	M Feb 23	Test One	Ch 1-4
	W Feb 25	Person-Environment Interaction	5
	F Feb 27	Person-Environment Interaction	5
8	M Mar 2	Attention & Perception	6
	W Mar 4	Attention & Perception	6
	F Mar 6	Memory	7
9	M Mar 9	Memory	7
	W Mar 11	In-Class Quiz	Ch 5-7
	F Mar 13	Intelligence	8
10	M Mar 16	Intelligence	8
	W Mar 18	Test Two	Ch 5-8
	F Mar 20	Personality	10
11	M Mar 23	Personality	10
	W Mar 25	Relationships	11
	F Mar 27	Relationships	11
12	M Mar 30	Video	
	W Apr 1	Retirement & Work	12
	F Apr 3	Death & Dying	13
13	M Apr 6	Death & Dying	13
	W Apr 8	Final Exam Review	
	F Apr 10	Good Friday – No classes	
14	M Apr 13	No Lecture	
	W Apr 15	No Lecture	
	R Apr 16	Last day to allocate research participation credits.	
	F Apr 17	Lectures end. Last day to withdraw.	
15	April 20-30	Final exams (scheduled by the Registrar)	

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for

that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

Course Credits for Research Participation

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **April 16, 2009**.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 220-5567.

Student Union VP Academic: Phone: 220-3911 suypaca@ucalgary.ca
Student Union Faculty Rep.: Phone: 220-3913 socialsciirep@su.ucalgary.ca

Important Dates

The last day to drop this course and still receive a fee refund is **January 23, 2009**. The last day to withdraw from this course is **April 17, 2009**.