

DEPARTMENT OF PSYCHOLOGY Faculty of Arts

Psyc 385 Abnormal Psychology Summer 2018

Instructor: Guy Pelletier **Lecture Location:** ST 131

Phone: 403-521-3886 **Lecture Days/Time:** TR 18:00 – 20:45

Email: gpelleti@ucalgary.ca

Office: A157

Office Hours: TR 17:30-18:00;

20:45-21:15

Course Description

A major objective of this course is to survey the field of <u>adult psychopathology</u>. The course will start with an introductory group of lectures during which we will review of the concept of abnormal behavior, followed by the study of possible causes (etiology) of abnormal behavior, the classification of mental disorders, and assessment issues. The main core of lectures will consist in reviews of the psychological aspects of various diagnostic categories of adult psychopathology. Students should keep in mind that this is a survey course intended to provide basic, wide-ranging knowledge of abnormal psychology. This is an ambitious endeavor that will require the learning and understanding of a considerable amount of information. The course will follow the textbook relatively closely, although not exclusively. Students interested in more detailed discussions of various disorders and other subjects will be encouraged to consider higher-level, more advanced courses.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify and describe biological, psychological, and socio-	Multiple choice exams	1	1
cultural bases of adult psychopathology.			
Describe how the understanding and classification of mental	Multiple choice exams	1	1
disorders evolved over time			
Identify and describe different mental disorders including	Multiple choice exams	1,2,7	С
their classification, causes, symptoms, and diagnostic criteria			
Identify and discuss legal and ethical (e.g., stigma, stereotypes	Multiple choice exams	1,6	I
etc.) issues related to mental health/disorders			
Identify issues and methods related to the prevention and	Multiple choice exams	1,2,7	1
treatment of mental health problems			
Identify and compare similarities and differences between	Multiple choice exams	1,2	С
disorders and/or disorder subtypes within/between different			
diagnostic classifications			

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Prerequisites

Psyc 200 and 201- Principles of Psychology I and II

Required Text

Dozois, D.J.A. (2019). *Abnormal Psychology Perspectives (6th Ed.)*. Toronto: Pearson Canada. Available at the U of C bookstore or as an e-book.

There are significant differences between the 5th and 6th editions of this textbook. For example, chapters 10, 12, and 18, which are covered in this course, have been re-written. Although 5th editions of the textbook might be available as used textbooks, there is no assurance that the 5th edition will meet the students' needs for this course.

Assessment Methods

Evaluations will consist of **two mid-term exams** and a **final exam** scheduled by the Registrar. The format of the exams will be multiple choice. No study aids (textbooks, notes, electronic devices, etc.) will be permitted.

Mid-term #1:

Tuesday July 24, 2018 - 75 minutes - 30% of final grade Chapters 1,2,3,4,5,8 and corresponding lectures

Mid-term #2:

Thursday August 2, 2018 - 75 minutes – 30% of final grade

<u>Not cumulative</u>-Chapters 6,7,10,11,12 and corresponding lectures

Final exam:

To be scheduled by the Registrar -

2.0 hours - 40% of final grade

<u>Cumulative</u>, covering all readings and lecture material, with a greater emphasis on chapters 9,13,17,18 and corresponding lectures

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. In this course there will be no rounding up of final grades, especially in light of the opportunities students have to increase their final grade via research participation.

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date	
T July 3	Introduction and definitions of abnormality;	
	Theoretical perspectives on abnormal behavior, etiology Cl	hap 1 pp. 3-7; Chap.2
R July 5	Theoretical perspectives on abnormal behavior, etiology	Chap 2
M July 9	Last day to add/drop or swap summer courses.	
T July 10	Classification, assessment of mental disorders, research methods	Chap. 3,4
R July 12	Mood disorders and suicide	Chap 8
T July 17	Anxiety, obsessive-compulsive, and trauma related disorders	Chap. 5
R July 19	Anxiety, obsessive- compulsive, and trauma related disorders	Chap.5

	Dissociative disorders	Chap.6
T July 24	Mid-term #1	
	Somatic symptoms and related disorders	Chap.6
	Psychological factors affecting medical conditions	Chap 7
R July 26	Psychological factors affecting medical conditions	Chap.7
	Eating disorders	Chap.10
T July 31	Substance-related and addictive disorders	Chap 11
	Personality disorders	Chap.12
R Aug 2	Mid-term exam #2	
	Sexual and gender identity disorders	Chap.13
M Aug 6	University Closed Heritage Day	
T Aug 7	Schizophrenia spectrum and other psychotic disorders	Chap.9
R Aug 9	Therapies (treatment of mental disorders)	Chap.17
T Aug 14	Prevention and mental health promotion in the community	Chap.18
W Aug 15	Summer Term Lectures End. Last day to withdraw from full session Summer Term	
	courses.	
August 17-	Final exam dates for full session Summer Term courses	
20		

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodations

The student accommodation policy can be found at: <u>ucalgary.ca/access/accommodations/policy</u>.

Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred final.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam

http://www.ucalgary.ca/registrar/exams/deferred_final. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to

acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Wellness and Mental Health Resources

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student

Centre, https://www.ucalgary.ca/wellnesscentre/services/mental-health-services) and the Campus Mental Health Strategy website (http://www.ucalgary.ca/mentalhealth/).

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at http://ucalgary.sona-systems.com. The last day to participate in studies and to assign or reassign earned credits to courses is August 15, 2018.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

http://www.ucalgary.ca/emergencyplan/assemblypoints

Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic:Phone: 403-220-3911suvpaca@ucalgary.caStudent Union Faculty Rep.:arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (http://www.ucalgary.ca/provost/students/ombuds)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.

Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and still receive a tuition fee refund is July 9, 2018. Last day for registration/change of registration is July 9, 2018. The last day to withdraw from this course is August 15, 2018.