

PSYC 385	Abnormal Psychology	Winter 2018
Instructor: Karpaul Singh		Lecture Location: MFH 164
Phone: 403-210-9438		Lecture Days/Time: Tue/Thu 8:00-9:15am
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Office: AD245 (Administration)		
Office Hours: By appointment only		

Course Description

This course will provide students with an introduction to human psychopathology. The course will begin with historical, theoretical, and socio-cultural perspectives on abnormal human psychology. As the course progresses you will become familiar with current mental disorder classifications and diagnostic criteria, and ethical issues surrounding mental health. Causes and treatments of various mental disorders will also be covered. Some of the disorders discussed will include: anxiety, trauma-related, and obsessive compulsive disorders, mood disorders and suicide, and schizophrenia spectrum and other psychotic disorders. The class format consists primarily of lectures with book chapter readings. Lectures aim to supplement and compliment book chapters, not necessarily to repeat them. Therefore, some tested material will only be understood if you attend lectures. To appeal to different learning styles a textbook with a higher number of visuals and case examples was chosen. To further help listening/visual learners, case vignettes and supplementary audio/video materials will also be used during lectures. We will aim to integrate short, productive discussions within full class and/or smaller groups so that you have the chance to critically discuss concepts with your peers. By the end of the course you should have a greater understanding of the history and theories of human psychopathology, different mental disorders, their categorizations, causes, symptoms and treatments, and current issues relating to the clinical mental health field moving forward.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify and demonstrate understanding of the historical, cultural, and theoretical bases of abnormal behaviour and how it has changed over time (e.g., medieval through the DSM edition changes etc.).	Multiple choice exams.	1	I
Identify and describe (clinically) different mental disorders including their classification, causes, symptoms, diagnostic criteria, and treatment(s). Demonstrate this information for a mock case diagnosis.	Multiple choice exams.	1, 2	I, C

Identify and discuss legal and ethical (e.g., stigma, stereotypes etc.) issues related to mental health/disorders.	Multiple choice exams.	1, 6	I
Identify and describe the different types of tools and assessments for clinical diagnosis.	Multiple choice exams.	1	I
Identify and compare similarities and differences between disorders and/or disorder subtypes within/between different diagnostic classifications.	Multiple choice exams.	1, 2	I, C
Identify and describe biological, psychological, and socio-cultural bases for human psychopathology.	Multiple choice exams.	1	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Prerequisites

Psyc 200 - (Principles of Psychology I).

Psyc 201 - (Principles of Psychology II).

Required Text

Barlow, D. H., Durand, V. M., Hofmann, S. G., & Lalumiere, M. L. (2018). *Abnormal psychology: an integrative approach*. 5th Canadian Edition. Toronto, Ontario: Nelson Education Ltd.

Please note:

The required text has been ordered to the University of Calgary bookstore and is available for purchase there. If you decide to purchase the text outside of the university bookstore, please ensure that you buy the 5th Canadian Edition (DSM 5 update). Many disorders have undergone changes in both diagnostic criteria and categorizations from DSM-4-TR to DSM 5. If you purchase an older version of the book you may have difficulty keeping up with course material and may have trouble during the midterms/final exam.

If you decide to purchase through the university bookstore (recommended) you have two options: 1) you can purchase the hardcover book including access to Nelson Education's MindTap digital resource (approx. \$170 + taxes). If you purchase the hardcopy of the book it is yours to keep but *your access to MindTap software will expire 6 months after you activate it*. 2) As a less expensive alternative, you can purchase access to MindTap only (no book; approx. \$80 + taxes). With this option you will also be leasing the MindTap software but *your access will expire 6 months after you activate it*. You can decide for yourself which of the two above options is suitable for you.

MindTap is a digital resource which contains a full digital copy of the required textbook, supplementary video materials, flash cards, chapter quizzes etc. The use of this resource is recommended as it may increase your ability to be successful in this course. MindTap is accessible on a web browser and has apps for iOS and Android. A representative from Nelson Education Ltd will come in and briefly demonstrate the MindTap resource at the beginning of the semester.

Assessment Methods

Evaluation will consist of two midterms (February 13th and March 22nd). Each midterm is worth 30% of your final mark. The first midterm will cover materials from January 9th to February 8th (inclusive; chapters 1-7, except chapter 4). The second Midterm will NOT be cumulative and will only cover materials from February 15th to March 20th (inclusive; chapters 8-12). The final exam will be worth 40% of your final grade and will be cumulative (all lecture material from January 9th to April 12th [inclusive] will be tested; chapters 1-16, not including chapter 4). A slight emphasis will be put on material after the second midterm (chapters 13-16). You have the option to participate in research studies to earn credit of up to 2% of your final grade (see below).

Both of the midterms and the final exam will be multiple choice and will consist of readings from book chapters and lecture material. The midterms will be held in our regular classroom and will be 50 minutes long. The final exam will be scheduled by the registrar's office. The time, date, and location of the final exam will be determined by the registrar. The final exam will be approximately 2.5 hours in length. No electronics (phones, computers etc.), books, notes, other aids or equipment etc. will be allowed during the midterms/final exam.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
T Jan 9	Topic: Introduction/The History of Abnormal Psychology- Part 1 (Chapter 1) <i>Winter term lectures begin.</i>
R Jan 11	Topic: Introduction/The History of Abnormal Psychology- Part 2 (Chapter 1)
T Jan 16	Topic: Approaches to Psychopathology- Part 1 (Chapter 2)
R Jan 18	Topic: Approaches to Psychopathology- Part 2 (Chapter 2)
F Jan 19	Topic: Clinical Assessment and Diagnosis- Part 1 (Chapter 3) <i>Last day to drop Winter Term half-courses.</i>
M Jan 22	Topic: Clinical Assessment and Diagnosis- Part 2 (Chapter 3) <i>Last day to add or swap Winter Term half courses. Last day for change of registration from audit to credit or credit to audit.</i>
T Jan 23	Topic: Anxiety, Trauma-related, and Obsessive-Compulsive Disorders- Part 1 (Chapter 5)
R Jan 25	Topic: Anxiety, Trauma-related, and Obsessive-Compulsive Disorders- Part 2 (Chapter 5)
T Jan 30	Topic: Somatic Symptom and Dissociative Disorders- Part 1 (Chapter 6)
R Feb 1	Topic: Somatic Symptom and Dissociative Disorders- Part 2 (Chapter 6)
T Feb 6	Topic: Mood Disorders and Suicide- Part 1 (Chapter 7)
R Feb 8	Topic: Mood Disorders and Suicide- Part 2 (Chapter 7)
T Feb 13	Midterm 1 (in class)- Chapters 1-7, not including chapter 4
R Feb 15	Topic: Eating and Sleep-Wake Disorders- Part 1 (Chapter 8)
Feb 18-25	Reading Week. No lectures. <i>University open (except Family Day). Alberta Family Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries).</i>
T Feb 27	Topic: Eating and Sleep-Wake Disorders- Part 2 (Chapter 8)
R Mar 1	Topic: Physical Disorders and Health Psychology- Part 1 and 2 (Chapter 9)

T Mar 6	Topic: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria- Part 1 and 2 (Chapter 10)
R Mar 8	Topic: Substance-Related, Addictive, and Impulse-Control Disorders- Part 1 (Chapter 11)
T Mar 13	Topic: Substance-Related, Addictive, and Impulse-Control Disorders- Part 2 (Chapter 11)
R Mar 15	Topic: Personality Disorders- Part 1 (Chapter 12)
T Mar 20	Topic: Personality Disorders- Part 2 (Chapter 12)
R Mar 22	Midterm 2 (in class)- Chapters 8-12
T Mar 27	Topic: Schizophrenia Spectrum and Other Psychotic Disorders- Part 1 (Chapter 13)
R Mar 29	Topic: Schizophrenia Spectrum and Other Psychotic Disorders- Part 2 (Chapter 13)
T Apr 3	Topic: Neurodevelopmental Disorders- Part 1 (Chapter 14)
R Apr 5	Topic: Neurodevelopmental Disorders- Part 2 (Chapter 14)
T Apr 10	Topic: Neurocognitive Disorders (Chapter 15)
R Apr 12	Topic: Mental Health Services: Ethical and Legal Issues (Chapter 16)
F Apr 13	<i>Winter Term Lectures End. Last day to withdraw from full courses and Winter Term half courses.</i>
Apr 16-26	<i>Winter Term Final Examinations. Chapters 1-16 tested, not including chapter 4</i>

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodations

The student accommodation policy can be found at: ucalgary.ca/access/accommodations/policy. Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Campus Mental Health Strategy

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, <https://www.ucalgary.ca/wellnesscentre/services/mental-health-services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>).

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **April 13, 2018**.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>. Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (<http://www.ucalgary.ca/provost/students/ombuds>)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.

Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **January 19, 2018**. Last day for registration/change of registration is **January 22, 2018**. The last day to withdraw from this course is **April 13, 2018**.