

# **Department of Psychology** Psychology 433 (L01) – Clinical Psychology Winter 2011 - Course Outline

Instructor: Vina Goghari, Ph.D. **Lecture Location:** A253

Phone: 403-210-7344 **Lecture Days/Time:** MWF 2pm Email:

vina.m.goghari@ucalgary.ca T 11:00-12:50 Labs: R 13:00 - 14:50

A 214 Lab TA: Shady Beshai

Office:

Office Hours: Flexible by appt Lab TA Email: sbeshai@ucalgary.ca

# **Course Description and Goals**

This course is designed to introduce the student to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

#### **Prerequisites**

Psychology 312 - Experimental Design and Quantitative Methods for Psychology, and Psychology 385 – Abnormal Psychology

### **Required Text**

Trull Timothy J. Clinical Psychology (7<sup>th</sup> Edition), Wadsworth Cengage Learning. Available at University Bookstore.

### **Evaluation**

# **Lecture Components:**

Component	% of Grade	Material	Date
Midterm Exam	25%	Chapters 3, 4, 5, 6, 7, 8, and 18	Feb 18

& Lecture Material

Final Exam 30% Chapters 9-15 Scheduled by registrar

& Lecture Material

Article Presentation 15% Research Articles Various

(8% for presentation; 7% for participation and attendance during others'

presentations)

Exams will consist of written answers. Textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. You will NOT be tested on student group presentations or the articles they are based on. The final exam will be non-cumulative and will only consist of material covered after the midterm. Group presentations will be approximately 45 minutes long. Specific details regarding grading and expectations will be discussed in class and posted on Blackboard. If an exam is missed it can only be made up with a Physician/Counsellor Statement, otherwise a grade of 0 will be assigned for that exam. Missing the group presentation with a Physician/Counsellor Statement will require making up the component through individual presentation; otherwise a grade of 0 will be assigned for that presentation.

# **Lab Components:**

Component	% of Grade	Date
Paper	15%	Due in your lab session the week of Mar. 21
Individual Presentation	10%	Various
Participation and attendance	5%	Various

You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignments. Thought papers are minimum 5 pages in length and not to exceed 7 pages in length (typed, double spaced, 12-point font). The paper should reflect students' own thoughts on or reactions to the topics, references –empirical papers or books are welcome – internet resources should not be used. Papers will be due at the beginning of the lab and given to the teaching assistant (TA). Late assignments will be accepted and should be put in the green box outside of A275, however, the penalty will be 10% per day, including weekends. E-mailed thought papers will not be accepted. Presentations will be given individually during the last 3-4 labs and will last approximately 15-20 minutes (final amounts will be discussed in lab). The presentation is required for the lab, it is not an option. Presentations if missed can only be made up with Physician/Counsellors Statements, otherwise a grade of 0 will be assigned for the presentation. Students are expected to attend labs regularly and to participate in discussions. For every lab, each student will receive a mark for participation in class exercises and discussion. Normally students will not be able to make up marks for missed labs. More specific details regarding grading and expectations will be discussed in class and posted on Blackboard.

Note: Students must achieve a passing grade on both the class and lab components to pass this course.

# **Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Date	Topic/Activity/Readings/Due Date
M Jan 10	Lecture begins. Organization and Introductions.
W Jan 12	Introduction to Course and Brief History; Chapter 1
F Jan 14	Current Issues in Clinical Psychology; Chapter 3
M Jan 17	Current Issues in Clinical Psychology; Chapter 3

W Jan 19	Research Methods; Chapter 4	
F Jan 21	Diagnosis and Classification; Chapter 5	
	Last day to drop a course with no W grade and tuition refund.	
M Jan 24	Diagnosis and Classification; Chapter 5	
	Last day for registration/change of registration.	
W Jan 26	Work on Group Projects – Instructor Provides Input	
F Jan 28	Interviewing; Chapter 6	
M Jan 31	Interviewing; Chapter 6	
W Feb 2	Rosenhan (1973) – First Group Presentation	
F Feb 4	Intelligence and Neuropsychology; Chapter 7, 18	
M Feb 7	Intelligence and Neuropsychology; Chapter 7, 18 – Stewart Longman	
W Feb 9	Rosselli (2003) – Second Group Presentation	
F Feb 11	Personality Assessment; Chapter 8	
M Feb 14	Personality Assessment; Chapter 8	
W Feb 16	McCrae (1991) – Third Group Presentation	
F Feb 18	MIDTERM EXAM: Chapters 3, 4, 5, 6, 7, 8, and 18 & Lecture Material	
M Feb 21	Reading days. No lecture	
W Feb 23	Reading days. No lecture.	
F Feb 25	Reading days. No lecture.	
M Feb 28	Behavioural Assessment; Chapter 9	
W Mar 2	Clinical Judgment; Chapter 10	
F Mar 4	Clinical Judgment; Chapter 10	
M Mar 7	Sines (1959) – Fourth Group Presentation	
W Mar 9	Psychological Interventions; Chapter 11	
F Mar 11	Luborsky (2002) - Fifth Group Presentation	
M Mar 14	Psychodynamic Perspective; Chapter 12	
W Mar 16	Phenomenological/Humanistic-Existential; Chapter 13	
F Mar 18	Sue (2009) – Sixth Group Presentation	
M Mar 21	Behavioral and Cognitive-Behavioral; Chapter 14	
W Mar 23	Behavioral and Cognitive-Behavioral; Chapter 14	
F Mar 25	Behavioral and Cognitive-Behavioral; Chapter 14	
M Mar 28	Butler (2006) – Seventh Group Presentation	
W Mar 30	Herbert (2000) – Eighth Group Presentation	
F Apr 1	Family and Marriage Therapy – Chapter 15 - Maureen Leahey	
M Apr 4	Nancy Dudley Guest Lecture - Transpersonal Psychology and Psychotherapy	
	– Instructor Away	
W Apr 6	Harry Dudley Guest Lecture - Working with Dreams-Instructor Away	
F Apr 8	Group Therapy – Chapter 15 - Linda Goddard	
M Apr 11	Family and Group Therapy – Chapter 15	
W Apr 13	Wrap- Up Clinical Psychology	
R Apr 14	Last day to participate in research and allocate research credits.	
F Apr 15	Lecture ends. Last day to withdraw.	
	FINAL EXAM – Chapters 9-15 & Lecture Material	

### **Reappraisal of Grades**

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

# **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

#### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

### Absence From A Test/Exam

Students who miss a term test due to a valid and documented official University reason (illness, domestic affliction, or religious conviction) have 48 hours to contact AND schedule a makeup test with the instructor. The onus is on the student to have a makeup test approved and scheduled within 48 hours, or the makeup test option is forfeited. The same process applies to missed makeup tests. At the instructor's discretion, the makeup test may differ significantly in form and/or content from the missed test. However, the makeup test cannot differ in weight (% of final grade) from the missed test. Except in extenuating circumstances (a documented official University medical excuse), a makeup test must be written within 2 weeks of the missed test. Absence from a final exam, and deferral of a final exam, are handled by Enrolment Services (see <a href="http://www.ucalgary.ca/registrar/deferred final">http://www.ucalgary.ca/registrar/deferred final</a>). Students absent from a final exam must notify the instructor within 48 hours and must then apply for an official deferred final exam no later than the deadline indicated in the Examinations Schedule.

# Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

# **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <a href="http://ucalgary.sona-systems.com">http://ucalgary.sona-systems.com</a> The last day to participate in studies and to assign or reassign earned credits to courses is Apr 14<sup>th</sup>, 2011

# **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <a href="http://www.ucalgary.ca/emergencyplan/assemblypoints">http://www.ucalgary.ca/emergencyplan/assemblypoints</a>

Please check this website and note the nearest assembly point for this course.

#### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 <u>suvpaca@ucalgary.ca</u>

**Student Union Faculty Rep.:** Phone: 403-220-3913 <u>socialscirep@su.ucalgary.ca</u>

#### **Student Ombudsman's Office**

The Office of the Student Ombuds provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or <a href="mailto:ombuds@ucalgary.ca">ombuds@ucalgary.ca</a> (<a href="http://www.su.ucalgary.ca/services/student-services/student-rights.html">http://www.su.ucalgary.ca/services/student-services/student-rights.html</a>).

### Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

### **Important Dates**

The last day to drop this course with no "W" notation and still receive a tuition fee refund is Jan 21<sup>st</sup>, 2011. Last day for registration/change of registration is Jan 24<sup>th</sup>, 2011. The last day to withdraw from this course is Apr 15<sup>th</sup>, 2011.