

PSYC 459
Developmental Psychopathology
Fall 2021
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Office:
Office Hours: By appointment

Lecture Location: EDC 280

Lecture Days/Time: T 17:00 – 19:45

Course Description

This upper-level course is designed to help students deepen their understanding of up-to-date scientific findings which inform our conceptualization of abnormal behavior as it develops in children and adolescents.

The first part of this course will focus on basic concepts in developmental psychopathology. Together, we will look at the basic principles in studying developmental psychopathology, how we classify disorders, and how genes and environment act in concert. Next, we will look at various vulnerabilities and risk factors such as child maltreatment, impulsivity, temperament, stress, exposure to teratogens, brain injury, emotional dysregulation, and neighborhood effects. In the later part of the course we will begin looking at common disorders. All together, we will cover 12 disorders listed in the lecture schedule below and apply the factors we had been discussing in the first part of the course to the disorders we cover in the second half of the course.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify and describe biological, psychological, and sociocultural bases of psychopathology.	Exam (MC, Short-Answer, Long-Answer)	1,4	A
Describe how the understanding and classification of mental disorders evolved over time	Exam (MC, Short-Answer, Long-Answer)	1	C
Identify different mental disorders including their classification, causes, symptoms, and diagnostic criteria	Exam (MC, Short-Answer, Long-Answer)	1,2,7,4	A
Identify legal and ethical (e.g., stigma, stereotypes etc.) issues related to mental health/disorders	Exam (MC, Short-Answer, Long-Answer)	1,6	C

Identify issues and methods related to the prevention and treatment of mental health problems	Exam (MC, Short-Answer, Long-Answer)	1,2,7	I
Demonstrated the ability to critically think and engage with research on developmental psychopathology	Paper	1,2,4	A

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Format

This is an in-person class held on campus.

Prerequisites

Psyc 200 and 201 – Principles of Psychology I & II
 Psyc 300 & 301- Experimental Design and Quantitative Methods
 Psyc 351- Developmental Psychology
 Psyc 385- Abnormal Psychology

Required Text

Beauchaine, T.P., & Hinshaw, S.P. (2017). *Child and Adolescent Psychopathology* (3rd Edition). Hoboken, New Jersey: Wiley & Sons, Inc. [Available at the U of C Bookstore]

Assessment Methods

Assessment for this course will include two midterm exams, a final exam, and a paper. Each of the three exams will include short-answer, long-answer, and multiple-choice questions. The paper will explore your ability to evaluate and communicate research findings as related to a topic in developmental psychopathology. More details will be provided regarding the paper at the start of the course.

Exams in this course are closed book. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams.

Midterm exam #1:

Tuesday October 12th, 2021 – 75 minutes.

25% of final grade

Midterm exam #2:

Tuesday November 16th, 2021 – 75 minutes

25% of final grade

Non-cumulative

Final exam:

To be scheduled by registrar - 2 hours

25% of final grade

Non-cumulative

Term paper:

25% of the final grade

This paper will focus on a specific topic in developmental psychopathology. The paper must be written using APA 7 format and should be no longer than 10-pages (double-spaced, typed, 12-point Times New Roman font, 1-inch margins). Late assignments will be accepted but there will be a penalty of 10% per day (24 hours), including weekends. This assignment will be discussed in more detail during the first week of classes and a longer description of the requirements will be provided.

Due Tuesday November 16th, 2021. Must be handed in during class to your instructor or submitted via dropbox before or at 17:00.

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology course instructors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

It is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
R Sep 9	First day of lectures
T Sep 14	Introduction to the course/developmental psychopathology (Chapter 1)
	Classification systems (Chapter 2)
R Sep 16	Last day to drop a class without financial penalty
F Sep 17	Last Day to add or swap classes

T Sep 21	Genetics, Environment, and Interactions (Chapter 3)
	Risk and Resilience (Chapter 4)
T Sep 28	Child Maltreatment (Chapter 5)
	Impulsivity (Chapter 6)
T Oct 5	Temperament (Chapter 7)
	Stress (Chapter 8)
M Oct 11	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
T Oct 12	Exam 1 (All material covered up to this date)
	Teratogens/Brain Injury (Chapters 9/10)
T Oct 19	Emotional Dysregulation(Chapter 11)
	Neighborhood Effects (Chapter 12)
T Oct 26	ADHD (Chapter 13)
	Conduct/Substance Use (Chapters 14/15)
T Nov 2	Anxiety (Chapter 16)
	OCD (Chapter 17)
T Nov 9	No class – term break
W Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
T Nov 16	Exam 2 (All material covered since first exam)
	Depression (Chapter 18)
	Research Paper Due
T Nov 23	Development of BPD (Chapter 19)
	Trauma (Chapter 20)
T Nov 30	Bipolar (Chapter 21)
	Autism (Chapter 22)
T Dec 7	Schizophrenia (Chapter 23)

	Eating Disorders (Chapter 24)
W Dec 9	Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses.
Dec 13-22	Fall Final Exam Period

Supporting Documentation

Students may be asked to provide supporting documentation for an exemption/special request. This may include, but is not limited to, a prolonged absence from a course where participation is required, a missed course assessment, a deferred examination, or an appeal. Students are encouraged to submit documentation that will support their situation. Supporting documentation may be dependent on the reason noted in their personal statement/explanation provided to explain their situation. This could be medical certificate/documentation, references, police reports, invitation letter, or a statutory declaration, etc. The decision to provide supporting documentation that best suits the situation is at the discretion of the student. Students cannot be required to provide specific supporting documentation, such as a medical note.

Students can make a Statutory Declaration as their supporting documentation (available at ucalgary.ca/registrar). This requires students to make a declaration in the presence of a Commissioner for Oaths. It demonstrates the importance of honest and accurate information provided and is a legally binding declaration. Several registered Commissioners for Oaths are available to students at no charge, on campus, please see ucalgary.ca/registrar.

Falsification of any supporting documentation will be taken very seriously and may result in disciplinary action through the Academic Discipline regulations or the Student Non-Academic Misconduct policy.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the**

Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <https://www.ucalgary.ca/legal-services/university-policies-procedures/accommodation-students-disabilities-procedure>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Thursday, September 16, 2021**. Last day add/swap a course is **Friday, September 17, 2021**. The last day to withdraw from this course is **Thursday, December 9, 2021**.

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>